

CURRICULUM VITAE

Savannah R. Roberts, M.A.

This version of my CV is shared publicly on my website. Personal contact information has been removed for privacy.

EDUCATION

2019 – present	Ph.D. Candidate, Clinical and Developmental Psychology University of Pittsburgh, Pittsburgh, PA Dissertation (approved May 2025): Longitudinal associations among peer victimization, gender congruence, body image, and disordered eating in transgender and gender expansive adolescents Advisor: Sophia Choukas-Bradley, Ph.D. <i>*Note. Began Ph.D. at University of Pittsburgh (2019), transferred to University of Delaware (2020) with advisor, and returned to Pittsburgh with advisor (2022).</i>
2020 – 2022	M.A., Clinical Science University of Delaware, Newark, DE Master's Thesis: <i>Sexual and gender minority (SGM) adolescents' disordered eating</i> Advisor: Sophia Choukas-Bradley, Ph.D.
2012 – 2016	B.S., Psychology with Honors, magna cum laude B.A., Spanish with Honors, magna cum laude Western Washington University, Bellingham, WA Honors Thesis: <i>The influence of gender on the evaluation of anorexia nervosa</i> Advisors: Anna Ciao, Ph.D., Alexander Czopp, Ph.D.
2014	Universidad Pablo de Olavide (Study Abroad), Seville, Spain

GRANTS AND FELLOWSHIPS

2025 – 2026	Marian K. Hume Endowed P.E.O. Scholar, P.E.O. Foundation Amount: \$25,000 <i>*Note: Selected as an Endowed P.E.O. Scholar (given to 16 out of the 100 award recipients)</i>
2025 – 2026	Mellon Fellowship, University of Pittsburgh Amount: \$53,000
2023 – 2025	Violet and Cyril Franks Scholarship, American Psychological Foundation <i>Proud to be me: Examining the impact of stigma on LGBTQ+ adolescents' attitudes toward eating disorder prevention</i> Amount: \$5,000 Role: Principal Investigator
2020 – 2024	Graduate Research Fellowship, National Science Foundation <i>Transgender and cisgender adolescents' body dissatisfaction: Using eye-tracking and growth curve modeling to elucidate a novel, gender-inclusive model</i> Amount: \$138,000
2021 – 2022	Mae & Robert Carter Endowment in Women's Studies, University of Delaware <i>Understanding gendered racial identity among Black young women: Qualitative interviews exploring body image, sexuality, and mental health</i>

Amount: \$4,972: Role: Co-Investigator

2020 – 2021 **Psi Chi Junior Scientist Fellowship**, American Psychological Association
Project DAISY: Disordered eating, academics, identity, and sexual experiences among young adults

Amount: \$1,000 | Role: Principal Investigator

2019 – 2020 **Arts & Sciences Fellowship**, University of Pittsburgh
 Amount: \$23,500

HONORS AND AWARDS

2025	Elizabeth Baranger Teaching Award , University of Pittsburgh (\$500)
2025	Merle Moskowitz Teaching Award , University of Pittsburgh, Psychology (\$1,000)
2025	Distinguished Student Research Award in Clinical Psychology , APA Division 12, Society of Clinical Psychology (\$300)
2024	Honorable Mention – Outstanding Student Researcher Award , Society for a Science of Clinical Psychology (\$100)
2024	Distinguished Student Service Award in Clinical Psychology , APA Division 12, Society of Clinical Psychology (\$300)
2024	Student Education Award , Pennsylvania Psychological Foundation (\$5,000)
2023	Rising Star Award , University of California San Diego, Eating Disorder Center for Treatment and Research (\$500)
2023	Early Career Research Award , Academy for Eating Disorders
2023, 2024	Bassell Student Publication Award , University of Pittsburgh (\$100)
2023	Honorable Mention , Student Prize for Psychological Research on Women and Gender, Society for the Psychology of Women and the Association for Women in Psychology
2023	Outstanding Speaker , College of Arts & Sciences, University of Pittsburgh (\$200)
2021	RSH Scholarship , Academy for Eating Disorders (\$1,500)
2021	Best Poster Award , ABCT Obesity and Eating Disorders SIG (\$50)
2021	Best Paper Presentation , Academy for Eating Disorders conference category
2021	Student Abstract Award , Academy for Eating Disorders Body Image SIG
2020	Student Poster Award , Society for Research on Adolescence
2020	Emerging Scholars Travel Award , Society for Research on Adolescence
2014	Affiliate Scholarship , Academic Programs International (\$150)
2012 – 2016	Exchange Scholarship , Western Washington University (\$35,000)
2012 – 2016	Distinguished Scholar , Western Foundation (\$2,000)
2012 – 2016	Merit Scholarship , Western Washington University (\$8,000)

2012	Annual Scholarship , Western Foundation (\$2,000)
2012	Bowman Family Distinguished Scholarship , Western Foundation (\$1,000)

PUBLICATIONS

Student mentees are underlined

43. **Roberts, S. R.**, Silverstein, S., Carroll, T., Gordon, A. R., & Choukas-Bradley, S. (in press). Body image in transgender and gender diverse populations. In V. Swami & T. L. Tylka (Eds.), *Handbook of Diversity in Body Image*. Academic Press.
42. Choukas-Bradley, S., **Roberts, S. R.**, & Gotkiewicz, E. M. (in press). Gender and gender identity. In T. L. Tylka (Ed.), *Handbook of Body Image*. Guilford Press.
41. **Roberts, S. R.** (2024). The Pride Framework: A sociocultural–developmental approach for understanding LGBTQ+ adolescents’ body image and disordered eating. *Eating Disorders*, 33(1), 8-24. <https://doi.org/10.1080/10640266.2024.2352673>
40. **Roberts, S. R.**, Gordon, A. R., & Choukas-Bradley, S. (2025). Body image and disordered eating in adolescence. In V. Harrison, A. Collier, & S. Adelsheim (Eds.), *Social Media and Youth Mental Health: A Public Health Perspective* (pp. 177–196). American Psychiatric Association. <https://www.appi.org/Products/Child-and-Adolescent-Psychiatry/Social-Media-and-Youth-Mental-Health>
39. **Roberts, S. R.**, & Brown, T. A. (2024). Introduction to the special issue on the influence of social media on body image and disordered eating. *Eating Behaviors*, 53, 101862. <https://doi.org/10.1016/j.eatbeh.2024.101862>
38. **Roberts, S. R.**, Gorrell, S., & Le Grange, D. (2024). Body image during puberty: What happens to how kids feel about their bodies? *Frontiers for Young Minds*, 12, 1178387. <https://doi.org/10.3389/frym.2024.1178387>
37. Brown, T. A. & **Roberts, S. R.** (2024). Introduction to the special issue of *Eating Disorders*: A proud step forward: Advancing research on body image and disordered eating among LGBTQ+ populations. *Eating Disorders*, 1–7. <https://doi.org/10.1080/10640266.2024.2394266>
36. Gordon, A. R., **Roberts, S. R.**, Silverstein, S., Rose, K. L., Lopez, E., & Calzo, J. P. (2024). What is needed for eating disorder prevention for transgender and gender diverse young adults? Findings from asynchronous online focus groups. *Body Image*, 48, 101667. <https://doi.org/10.1016/j.bodyim.2023.101667>
35. Maheux, A. J., Laurenceau, J. -P., **Roberts, S. R.**, Nesi, J., Widman, L., & Choukas-Bradley, S. (2024). Longitudinal change in appearance-related social media consciousness and depressive symptoms: A within-person analysis during early-to-middle adolescence. *Journal of Youth and Adolescence*, 53(10), 2287-2299. <https://doi.org/10.1007/s10964-024-01998-5>
34. Martino, R. M., **Roberts, S. R.**, Maheux, A. J., Stout, C. D., & Choukas-Bradley, S. (2024). The role of feminism and gender in endorsement of hookup culture among emerging adults. *Archives of Sexual Behavior*, 53, 1621-1632. <https://doi.org/10.1007/s10508-024-02841-5>
33. Choukas-Bradley, S., Kilic, Z., Stout, C. D., & **Roberts, S. R.** (2023). Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental

- health. *Advances in Psychiatry and Behavioral Health*, 3(1), 149-157.
<https://doi.org/10.1016/j.ypsc.2023.03.007>
32. **Roberts, S. R.**, Hay, P., Bussey, K., Trompeter, N., Lonergan, A., & Mitchison, D. (2023). Associations among relationship status, gender, and sexual attraction in Australian adolescents' eating pathology. *International Journal of Eating Disorders*, 56(3), 551–561.
<https://doi.org/10.1002/eat.23861>
 31. **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health* (pp. 242-263). Cambridge, England: Cambridge University Press.
<https://www.cambridge.org/core/books/handbook-of-adolescent-digital-media-use-and-mental-health/91853243C8B7900B46EA26C3570577B2>
 30. Choukas-Bradley, S., **Roberts, S. R.**, Maheux, A. J., & Nesi, J. (2022). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health. *Clinical Child and Family Psychology Review*, 25(4), 681-701. <https://doi.org/10.1007/s10567-022-00404-5>
 29. Escobar-Viera, C., Choukas-Bradley, S., Sidani, J., Maheux, A. J., **Roberts, S. R.**, & Rollman, B. (2022). Examining social media experiences and attitudes toward technology-based interventions for reducing social isolation among LGBTQ youth living in rural United States: An online qualitative study. *Frontiers in Digital Health*, 4, 900695.
<https://doi.org/10.3389/fdgth.2022.900695>
 28. Karim, S., Choukas-Bradley, S., Radovic, A., **Roberts, S. R.**, Maheux, A. J., & Escobar-Viera, C. G. (2022). Support over social media among socially isolated sexual and gender minority youth in rural U.S. during the COVID-19 pandemic: Opportunities for intervention research. *International Journal of Environmental Research and Public Health*, 19(23), Article 23.
<https://doi.org/10.3390/ijerph192315611>
 27. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, & Choukas-Bradley, S. (2022). Black adolescents' appearance concerns, depressive symptoms, and self-objectification: Exploring the roles of gender and ethnic-racial identity commitment. *Body Image*, 43, 314-325.
<https://doi.org/10.1016/j.bodyim.2022.09.008>
 26. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Widman, L., & Choukas-Bradley, S. (2022). Psychometric validation and factor structure of the Appearance-Related Social Media Consciousness Scale among emerging adults. *Body Image*, 43, 63-74.
<https://doi.org/10.1016/j.bodyim.2022.08.002>
 25. **Roberts, S. R.**, Maheux, A. J., Watson, R. J., Puhl, R., & Choukas-Bradley, S. (2022). Sexual and gender minority (SGM) adolescents' disordered eating: Exploring general and SGM-specific factors. *International Journal of Eating Disorders*, 55(7), 933-946.
<https://doi.org/10.1002/eat.23727>
 24. **Roberts, S. R.**, Maheux, A. J., Hunt, R. A., Ladd, B. A., & Choukas-Bradley, S. (2022). Incorporating social media and muscular ideal internalization into the tripartite influence model of body image: Towards a modern understanding of adolescent girls' body dissatisfaction. *Body Image*, 41, 239-247. <https://doi.org/10.1016/j.bodyim.2022.03.002>

23. Carrino, E. A., Bryen, C. P., Maheux, A. J., Stewart, J. L., **Roberts, S. R.**, Widman, L., & Choukas-Bradley, S. (2022). Empowered activists or entitled whiners? A thematic analysis of U.S. adolescents' definitions of "feminist" in a diverse, mixed-gender sample. *Sex Roles*, 86, 395-414. <https://doi.org/10.1007/s11199-021-01260-3>
22. Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. S. (2022). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in U.S. adolescent girls during the COVID-19 lockdown. *Journal of Children and Media*, 16(4), 491-492. <https://doi.org/10.1080/17482798.2022.2039255>
21. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Widman, L., & Choukas-Bradley, S. (2022). Longitudinal associations between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence*, 94(2), 264-269. <https://doi.org/10.1002/jad.12009>
20. Arigo, D., **Roberts, S. R.**, & Butryn, M. L. (2021). Social comparisons between group members during behavioural weight loss treatment: Comparison direction, scale, and associations with weight loss maintenance. *Psychology & Health*, 1-16. <https://doi.org/10.1080/08870446.2021.1967953>
19. Ciao, A. C., Munson, B. R., Pringle, K. D., **Roberts, S. R.**, Lalgée, I. A., Lawley, K. A., & Brewster, J. (2021). Inclusive dissonance-based body image interventions for college students: Two randomized-controlled trials of the EVERYbody Project. *Journal of Consulting and Clinical Psychology*, 89(4), 301-315. <https://doi.org/10.1037/ccp0000636>
18. Gorrell, S., Hughes, E.K., Sawyer, S., **Roberts, S. R.**, Nagata, J., Yeo, M., Lock, J., & Le Grange, D. (2021). Gender-based clinical differences in evidence-based treatment for adolescent anorexia nervosa: Analysis of aggregated randomized controlled trials. *Eating and Weight Disorders*, 27, 1123-1130. <https://doi.org/10.1007/s40519-021-01257-7>
17. Maheux, A. J., Nesi, J., **Roberts, S. R.**, Galla, B. M., & Choukas-Bradley, S. (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence*, 31(3), 734-747. <https://doi.org/10.1111/jora.12650>
16. Maheux, A. J., **Roberts, S. R.**, Evans, R., Widman, L., & Choukas-Bradley, S. (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image*, 37, 89-93. <https://doi.org/10.1016/j.bodyim.2021.01.014>
15. Nesi, J., Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Sanzari, C., Widman, L., & Prinstein, M. J. (2021). Selfie appearance investment and peer feedback concern: Multi-method investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*, 10(4), 488-499. <https://doi.org/10.1037/ppm0000342>
14. Nesi, J., Dredge, R., Maheux, A. J., **Roberts, S. R.**, Fox, K. A., & Choukas-Bradley, S. (2021). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.
13. Rezeppa, T. L., **Roberts, S. R.**, Maheux, A. J., Choukas-Bradley, S., Salk, R. H., & Thoma, B. C. (2021). Psychosocial correlates of body esteem and disordered eating among sexual minority adolescent girls. *Body Image*, 39, 184-193. <https://doi.org/10.1016/j.bodyim.2021.08.007>

12. **Roberts, S. R.**, Salk, R. H., Thoma, B. C., Romito, M., Levine, M. D., & Choukas-Bradley, S. (2021). Disparities in disordered eating between gender minority and cisgender adolescents. *International Journal of Eating Disorders*, 54(7), 1135-1146. <https://doi.org/10.1002/eat.23494>
11. Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2021). Exploring transgender adolescents' body image concerns and disordered eating: Semi-structured interviews with nine gender minority youth. *Body Image*, 37, 50-62. <https://doi.org/10.1016/j.bodyim.2021.01.008>
10. Arigo, D., Mogle, J.A., Brown, M.M., **Roberts, S. R.**, Pasko, K., Butryn, M.L., & Symons Downs, D. (2020). Differences between accelerometer cut point methods among midlife women with cardiovascular risk markers. *Menopause*, 27(5), 559-567. <https://doi.org/10.1097/GME.0000000000001498>
9. Butryn, M. L., Godfrey, K. M., Martinelli, M. K., **Roberts, S. R.**, Forman, E. F., & Zhang, F. (2020). Digital self-monitoring: does adherence or association with outcomes differ by self-monitoring target? *Obesity Science & Practice*, 6(2), 126-133. <https://doi.org/10.1002/osp4.391>
8. Butryn, M. L., Martinelli, M. K., Godfrey, K. M., **Roberts, S. R.**, Zhang, F., & Forman, E. M. (2020). Counselor surveillance of digital self-monitoring data: A pilot randomized controlled trial. *Obesity*, 28(12), 2339-2346. <https://doi.org/10.1002/oby.23015>
7. Call, C. C., **Roberts, S. R.**, Schumacher, L. M., Remmert, J. E., Kerrigan, S. G., & Butryn, M. L. (2020). Perceived barriers to physical activity during and after a behavioral weight loss program. *Obesity Science and Practice*, 6(1), 10-18. <https://doi.org/10.1002/osp4.373>
6. Choukas-Bradley, S., Hipwell, A. E., **Roberts, S. R.**, Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, 48, 1649-1658. <https://doi.org/10.1007/s10802-020-00699-4>
5. Butryn, M. L., Martinelli, M. K., Remmert, J. E., **Roberts, S. R.**, Zhang, F., Forman, E. M., & Manasse, S. M. (2019). Executive functioning as a predictor of weight loss and physical activity outcomes. *Annals of Behavioral Medicine*, 53(10), 909-917. <https://doi.org/10.1093/abm/kaz001>
4. Godfrey, K. M., Butryn, M. L., Forman, E. M., Martinez, M., **Roberts, S. R.**, & Sherwood, N. E. (2019). Depressive symptoms, psychological flexibility, and binge eating in individuals seeking behavioral weight loss treatment. *Journal of Contextual Behavioral Science*, 14, 50-54. <https://doi.org/10.1016/j.jcbs.2019.09.005>
3. Remmert, J. E., Convertino, A. D., **Roberts, S. R.**, Godfrey, K. M., & Butryn, M. L. (2019). Stigmatizing weight experiences in healthcare: Associations with BMI and eating behaviors. *Obesity Science & Practice*, 5(6), 555-563. <https://doi.org/10.1002/osp4.379>
2. Remmert, J. E., Tsai, A. G., **Roberts, S. R.**, & Butryn, M. L. (2019). Communication between patients and primary care physicians after behavioral weight loss. *Primary Health Care Research & Development*, 20, E75. <https://doi.org/10.1017/S1463423619000124>
1. **Roberts, S. R.**, Cio, A. C., & Czopp, A. M. (2018). Influence of gender on the evaluation of anorexia nervosa. *International Journal of Eating Disorders*, 51(10), 1162-1167. <https://doi.org/10.1002/eat.22917>

2. **Roberts, S. R.**, & Silverstein, S. (co-chairs), Brown, T. A., Ciao, A. C., Duvall, A., & Pascual, S. (2023, November). *Eating disorder prevention: Theoretical foundations and current approaches* [Panel discussion]. Association for Behavioral and Cognitive Therapies Annual Meeting, Seattle WA.
1. **Roberts, S. R.** & McCurdy-McKinnon, D. (co-chairs), Choukas-Bradley, S., Bardone-Cone, A., & Thompson, K. (2022, June). *Body image and prevention across the lifespan* [Panel discussion]. International Conference on Eating Disorders, virtual conference.

ORAL CONFERENCE PRESENTATIONS

Student mentees are underlined

23. **Roberts, S. R.**, Jennings Mathis, K., Nagata, J. & Bohon, C. (2025, May). In M. Billman Miller & T. Brown (co-chairs). *Improving How We Communicate Information on Eating Disorders to Patients, Families, and Policymakers* [Panel]. International Conference on Eating Disorders annual conference, San Antonio, TX, USA.
22. Medina, C. M., Maheux, A. J., **Roberts, S. R.**, & Choukas-Bradley, S. (2024, November). Online and offline worlds collide: Appearance-related social media consciousness and sexual functioning [Paper presentation]. Society for the Scientific Study of Sexuality, San Diego, CA.
21. **Roberts, S.R.**, Maheux, A. J., Salk, R. H., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2023, November). Associations between social acceptance and body esteem among a nationwide U.S. sample of transgender and gender diverse adolescents. In J. Calzo (Chair), *Cultivating trans joy and resilience: Positive body image among transgender and nonbinary populations* [Symposium]. Association for Behavioral and Cognitive Therapies Annual Meeting, Seattle, WA.
20. **Roberts, S. R.**, Hunt, R. A., Dreier, M. J., & Reilly, E. E. (2023, November). *Promoting access to clinical psychology training: A model for demystifying the Ph.D. admissions process* [Panel]. Association for Behavioral and Cognitive Therapies Annual Meeting, Seattle, WA.
19. **Roberts, S. R.**, Maheux, A. J., Laurenceau, J. -P., Nesi, J., Widman, L., & Choukas-Bradley, S. (2023, September). *Longitudinal change in adolescents' appearance-related social media consciousness and depressive symptoms: A within-person analysis* [Paper presentation]. Digital Media and Developing Minds International Scientific Congress, Washington DC.
18. **Roberts, S. R.**, Maheux, A. J., Laurenceau, J. -P., Nesi, J., Widman, L., & Choukas-Bradley, S. (2023, April). Appearance-related social media consciousness and the development of depressive symptoms among U.S. adolescents. In K. Fox (Chair), *Beyond screen time: Understanding impacts of social media on adolescent development using new theories and sophisticated methods* [Symposium]. The Society for Research on Adolescence, San Diego, CA.
17. Stout, C. D., Maheux, A. J., Martino, R. M., **Roberts, S. R.**, & Choukas-Bradley, S. (2023, April). "Sex would be as boring to me as eating dirt": A mixed methods analysis of reasons young adults do not engage in hookups [Paper presentation]. The Society for Research on Adolescence, San Diego, CA.
16. **Roberts, S. R.** (2023, March). *LGBTQ+ Adolescents' Disordered Eating: Highlighting LGBTQ-specific factors and describing a novel prevention* [Paper presentation]. University of Pittsburgh College of Arts and Sciences Grad Expo, Pittsburgh, PA.

- AWARD: Received 1 of 5 “Outstanding Speaker” awards (\$200) across graduate students in University of Pittsburgh’s College of Arts and Sciences
15. **Roberts, S. R.**, Maheux, A. J., Gotkiewicz, E. M. & Choukas-Bradley, S. (2022, November). *The associations between gender and romantic relationships on young adults’ body image and disordered eating* [Brief paper presentation]. The Society for the Scientific Study of Sexuality, Vancouver, BC.
 14. **Roberts, S. R.**, Gotkiewicz, E. M., Maheux, A. J., & Choukas-Bradley, S. (2022, June). *Disordered eating during adolescence and emerging adulthood: Synthesizing three studies to highlight appearance-related social media consciousness* [Paper presentation]. International Conference on Eating Disorders, virtual conference.
 13. Call, C. C., **Roberts, S. R.**, Emery, R. L., Conlon, R. P. K., Levine, M. D. (2022, April). *Body image concerns are related to perinatal weight gain, stress and depression in women with pre-pregnancy overweight/obesity* [Live Research Spotlight]. Society of Behavioral Medicine, Baltimore, MD.
 12. Choukas-Bradley, S., Maheux, A. J., Nesi, J., Galla, B. M., & **Roberts, S. R.** (2022, March). #Grateful: Longitudinal associations between adolescents’ social media use and gratitude during the COVID-19 pandemic. In P. Alt (Chair), *The Impact of the COVID-19 Pandemic on Adolescent Emotional Adjustment* [Symposium]. The Society for Research on Adolescence, New Orleans, LA.
 11. **Roberts, S. R.**, Maheux, A. J., Watson, R. J., Puhl, R., & Choukas-Bradley, S. (2021, November). LGBTQ-specific factors related to sexual and gender minority adolescents’ disordered eating. In A. Convertino (Chair), *Disordered Eating among Sexual and Gender Minority Populations* [Symposium]. Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
 10. Karim, S., Maheux, A. J., **Roberts, S. R.**, Choukas-Bradley, S., & Escobar-Viera, C. G. (2021, October). *Exploring usage of social media sites for combating social isolation among rural sexual and gender minority adolescents during the COVID-19 pandemic* [Roundtable presentation]. American Public Health Association Annual Meeting, virtual conference.
 9. **Roberts, S. R.**, Hay, P., Bussey, K., Lonergan, A., Trompeter, N., & Mitchison, D. (2021, June). *The role of gender, sexual orientation, and relationship status in Australian adolescents’ disordered eating behaviors and cognitions* [Paper presentation]. International Conference on Eating Disorders’ Body Image and Prevention SIG Annual Meeting, virtual conference.
 - AWARD: Selected from student submissions to be presented at annual meeting and awarded the “Body Image and Prevention SIG Student Abstract Award”
 8. **Roberts, S. R.**, Maheux, A. J., Salk, R., Romito, M., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents* [Paper presentation]. International Conference on Eating Disorders, virtual conference.
 - AWARD: Selected from all conference submissions to be presented in the “Best Paper Category”
 7. Choukas-Bradley, S., **Roberts, S. R.**, Maheux, A. J., & Nesi, J. (2021, April). Adolescent girls’ social media use, body image, and mental health: Proposing a developmental–sociocultural

framework. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives* [Symposium]. Society for Research in Child Development Biennial Meeting, virtual conference.

6. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Galla, B. M., & Choukas-Bradley, S., (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: Advances in gendered nature of children's and adolescents' peer relationships* [Symposium]. Society for Research in Child Development Biennial Meeting, virtual conference.
5. **Roberts, S. R.**, Salk, R. H., Choukas-Bradley, S., Romito, M., Thoma, B. T., & Levine, M. D. (2020, March). *Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
4. Choukas-Bradley, S., Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. T., & Levine, M. D. (2020, March). *Body image and disordered eating among transgender youth: A qualitative investigation* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
3. Nesi, J., Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck, *Immersion in Social Media: Associations of Preoccupation, Appearance, Selfies, and Comments with Mental and Physical Health* [Symposium]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
2. Remmert, J. E., Convertino, A., **Roberts, S. R.**, Godfrey, K. M., & Butryn, M. L. (2019, March). *The relationship between stigmatizing weight experiences in healthcare, BMI, and eating behaviors* [Paper presentation]. The Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
1. Ciao, A. C., Ohls, O., Pringle, K. D., **Roberts, S. R.**, & Allyn, A. (2016, April). *Should eating disorder prevention be more inclusive? A focus group study of college students* [Paper presentation]. International Conference on Eating Disorders, San Francisco, CA.

INVITED TALKS

4. **Roberts, S. R.**, Winter, V., & Thornton, M. (2025, June). 101: Appearance, Sexuality, & Gender. In *Appearance Matters*. The Centre for Appearance Research.
<https://on.soundcloud.com/GJTSBLjNk1fwubgkK0>
3. **Roberts, S. R.** (2022, May). *Weight Stigma in Clinical Practice*. Invited talk for the Jefferson University Center City Clinic for Behavioral Medicine.
2. **Roberts, S. R.** (2022, April). *The Impact of Social Media on Body Image and Disordered Eating*. Invited talk for LaSalle University Weight & Eating Clinic.
1. **Roberts, S. R.** (2022, April). *Introduction to Body Image and Eating Disorders*. Invited talk for Jefferson University Center City Clinic for Behavioral Medicine.

POSTER PRESENTATIONS

Student mentees are underlined

42. Gotkiewicz, E., **Roberts, S. R.**, Maheux, A. J., & Choukas-Bradley, S. (2023, June). *Who's most vulnerable? Personality traits that moderate the associations among self-objectification, social comparison, and disordered eating* [Poster presentation]. International Conference for Eating Disorders Annual Meeting, Washington D.C.
41. **Roberts, S. R.** (2023, March). *LGBTQ+ Adolescents' Disordered Eating: Highlighting LGBTQ-specific factors and describing a novel prevention* [Poster presentation]. University of Pittsburgh Health Disparities and Social Justice Conference, Pittsburgh, PA.
40. **Roberts, S. R.** & Brown, T.A. (2022, September). *The "perfect man:" How perfectionism predicts outcomes in eating disorder prevention for men* [Poster presentation]. Eating Disorder Research Society, Philadelphia, PA.
39. Gillikin, L., Manasse, S.M., **Roberts, S. R.**, Boyajian, L, Drexler, S.A., Juarascio, A.S. (2022, November). *Coping with an emotional rollercoaster: The role of affect lability on the presence of binge eating among sexual and gender minority adults* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, New York City, NY.
38. Call, C. C., **Roberts, S. R.**, Emery, R. L., Conlon, R. P. K, Levine, M. D. (2022, June). *Body image concerns are related to perinatal weight gain, stress and depression in women with pre-pregnancy overweight/obesity* [Poster presentation]. Society of Behavioral Medicine, Baltimore, MD. Pitt Department of Psychiatry Research Day.
37. Escobar-Viera, C., Choukas-Bradley, S., Sidani, J., Maheux, A. J., **Roberts, S. R.**, & Rollman, B. (2022, March). *Exploring the potential of social media for combating social isolation: Online interviews with rural sexual and gender minority youth* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
36. Martino, R. M., **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022, March). *The effect of gender and feminist identity on endorsement of hookup culture among emerging adults* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
35. Stout, C. D., **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022, March). *Exploring the roles of gender and sexual orientation in young adults' reasoning for not engaging in hookups* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
34. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Appearance concerns, depressive symptoms, and self-objectification among Black adolescents: Exploring the roles of gender and racial identity* [Poster presentation]. Special Interest Group Exposition at the Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
33. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Black transgender and gender diverse adolescents' experiences of gender-related stressors and depressive symptomatology* [Poster presentation]. Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
32. **Roberts, S. R.**, Maheux, A. J., & Choukas-Bradley, S. (2021, November). *Disordered eating among sexual assault survivors: The role of self-objectification during sexual activity* [Poster

presentation]. Special Interest Group Exposition at the Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.

- AWARD: Received the best poster award (\$50) from the Obesity and Eating Disorders SIG

31. Gordon, A. R., Silverstein, S., Lopez, E., **Roberts, S. R.**, Cogan, A., & Calzo, J. P. (2021, September). *What is needed for eating disorder prevention for transgender and gender diverse youth?* [Poster presentation]. Eating Disorder Research Society Annual Meeting, virtual conference.
30. **Roberts, S. R.**, Maheux, A. J., Widman, L., & Choukas-Bradley, S. (2021, July). *Body comparison as a mediator underlying the longitudinal association between body shame and disordered eating among a diverse sample of U.S. adolescents* [Poster presentation]. Centre for Appearance Research Biennial Meeting, virtual conference.
29. **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. (2021, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, virtual conference.
28. Maheux, A. J., **Roberts, S. R.**, Widman, L., Nesi, J., & Choukas-Bradley, S. (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, virtual conference.
27. **Roberts, S. R.**, Ladd, B. A., Maheux, A. J., & Choukas-Bradley, S. (2021, February). *The effect of the thin and muscular ideal on adolescents' body image* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, virtual conference.
26. Ladd, B. A., **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & Choukas-Bradley, S. (2020, November). *Exploring sexual behavior and attraction of LGBTQ+ adolescents with bipolar disorder: A qualitative analysis* [Poster presentation]. Society for the Scientific Study of Sexuality Annual Meeting, virtual conference.
25. **Roberts, S. R.**, Ladd, B. A., Maheux, A. J., & Choukas-Bradley, S. (2020, November). *Gender differences in body image disturbances in adolescents: Implications for the tripartite influence model of body image* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.
24. **Roberts, S. R.**, Salk, R. H., Romito, M., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2020, November). *Associations among disordered eating, transition milestones, and gender identity congruence in a nationwide U.S. sample of gender minority adolescents* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.
23. Rezeppa T. L., Choukas-Bradley S., Maheux A. J, **Roberts S. R.**, Salk R. H., Thoma B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women* [Poster presentation]. Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, D.C.

22. Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2020, April). *Exploring transgender adolescents' body image concerns and disordered eating* [Poster presentation]. Midwestern Psychological Association Annual Meeting, Chicago, IL. (Conference canceled due to COVID-19)
21. **Roberts, S.R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference canceled due to COVID-19)
 - AWARD: Received the Society for Research on Adolescence's Student Poster Award
20. Butryn, M. L., Godfrey, K. M., **Roberts, S. R.**, Martinelli, M. K., Forman, E. M., & Zhang, F. (2019, November). *Digital self-monitoring in behavioral weight loss: Adherence and association with outcomes* [Poster presentation]. The Obesity Society Annual Meeting, Las Vegas, NV.
19. Arigo, D., Brown, M. M., **Roberts, S. R.**, Mogle, J., Pasko, K., Butryn, M. L., & Symons Downs, D. (2019, March). *Examining differences between accelerometer cut point methods among midlife women with cardiovascular risk markers: A two-study approach* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
18. Butryn, M. L., Forman, E. M., Zhang, F., **Roberts, S. R.**, & Godfrey, K. (2019, March). *An experimental test of physical activity promotion during weight loss maintenance* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
17. Martinez, M., **Roberts, S. R.**, Call, C. C., & Butryn, M. L. (2019, March). *Is greater variety in type of physical activity associated with greater amount of exercise during behavioral weight loss?* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
16. **Roberts, S. R.**, Colao, C. F., Call, C. C., & Butryn, M. L. (2019, March). *Hedonic hunger: Association with eating behavior and depression* [Poster presentation]. International Conference on Eating Disorders, New York, NY.
15. **Roberts, S. R.**, Rysdon, B., Colao, C. F., Bell, A. E., & Butryn, M. L. (2019, March). *Increasing enjoyment of physical activity through behavioral weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
14. Call, C. C., **Roberts, S. R.**, Schumacher, L. M., Remmert, J. E., Kerrigan, S. G., & Butryn, M. L. (2018, November). *Barriers to physical activity throughout behavioral weight loss* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, DC.
13. **Roberts, S. R.**, Colao, C. F., & Butryn, M. L. (2018, November). *The role of hedonic hunger in behavioral weight loss* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, DC.
12. Call, C. C., Sininsky, S M., Convertino, A. D., **Roberts, S. R.**, & Butryn, M. L. (2018, August). *Behavioral and psychological factors that counteract physical activity during*

behavioral weight loss [Poster presentation]. American Psychological Association Annual Meeting, San Francisco, CA.

11. Butryn, M. L., Zhang, F., Remmert, J. E., **Roberts, S. R.**, & Forman, E. M. (2018, April). *Baseline executive functioning predicts weight loss and physical activity outcomes in a lifestyle modification program* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
10. Call, C. C., Piers, A. D., Wyckoff, E. P., **Roberts, S. R.**, Lowe, M. R., Forman, E. M., & Butryn, M. L. (2018, April). *Weight suppression in behavioral weight loss: relationship to weight loss and treatment satisfaction* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
9. Chandler, M., **Roberts, S. R.**, Sturm, M., Wilson, M., & Ciao, A. C. (2018, April). *The effects of body positive advertisement campaigns* [Poster presentation]. International Conference on Eating Disorders, Chicago, IL.
8. Remmert, J. E., **Roberts, S. R.**, Tsai, A. G., & Butryn, M. L. (2018, April). *Communication between patient and primary care physician after lifestyle modification* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
7. **Roberts, S. R.**, Remmert, J. E., Convertino, A. D., & Butryn, M. L. (2018, April). *Hedonic hunger as a potential barrier to success in behavioral weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
6. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2018, April). *Gender differences in the awareness of anorexia nervosa and weight loss behaviors among college students* [Poster presentation]. International Conference on Eating Disorders, Chicago, IL.
5. Sininsky, S. M., **Roberts, S. R.**, Call, C. C., Forman, E. M., & Butryn, M. L. (2018, April). *Enjoyment of physical activity as a predictor of greater weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
4. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2017, April). *Influence of gender on assessment of anorexia nervosa* [Poster presentation]. Western Psychological Association Annual Meeting, Sacramento, CA.
3. Chandler, M., **Roberts, S. R.**, Ciao, A. C., Sturm, M., Allyn, A. (2017, April). *The effects of body positive advertisement campaigns* [Poster presentation]. Western Psychological Association Annual Meeting, Sacramento, CA.
2. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2017, March). *Influence of gender on the perception of anorexia nervosa* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.
1. **Roberts, S. R.**, & Czopp, A. M. (2016, March). *La mujer ideal: Cross-cultural differences in sexism in Spain & the United States* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, San Diego, CA.

RESEARCH POSITIONS

Aug. 2019 – present	Graduate Student Researcher <i>Teen and Young Adult Lab</i> , University of Pittsburgh
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PI: Sophia Choukas-Bradley, Ph.D.

July 2017 – **Research Coordinator**
 July 2019 *Center for Weight, Eating, and Lifestyle Science*, Drexel University
 PI: Meghan L. Butryn, Ph.D.

Sept. 2015 – **Independent Senior Honors Thesis**
 June 2016 *Psychology and Honors Departments*, Western Washington University
 Honors Thesis: Influence of Gender on the Perception of Anorexia
 Advisors: Anna C. Ciao, Ph.D. & Alexander M. Czopp, Ph.D.

June 2015 – **Research Assistant**
 July 2017 *Eating and Body Image Lab*, Western Washington University
 PI: Anna C. Ciao, Ph.D.

June 2014 – **Research Assistant**
 July 2017 *Prejudice & Discrimination Lab*, Western Washington University
 PI: Alexander M. Czopp, Ph.D.

TEACHING EXPERIENCE

Spring 2024 **Instructor of Record**
Adolescence
 University of Pittsburgh, Department of Psychology

Fall 2023 **Instructor of Record**
Adolescence
 University of Pittsburgh, Department of Psychology

Spring 2023 **Guest Lecturer**
Adolescence
 University of Pittsburgh, Department of Psychology

Winter 2022 **Instructor of Record**
Adolescence
 University of Delaware, Department of Psychology

Winter 2021 **Guest Lecturer**
Graduate Seminar: Introduction to Eating Disorders
 Hofstra University, Department of Psychology

Spring 2019 **GRE Instructor**
 Fall 2018 *Kaplan Test Preparation*
 Summer 2018

Summer 2018 **Guest Lecturer**
Introduction to Abnormal Psychology
 Drexel University, Department of Psychology

Winter 2018 **Teaching Assistant**
Psychology of Eating Disorders & Obesity
 Drexel University, Department of Psychology

Spring 2016	Teaching Assistant <i>Introduction to Abnormal Psychology</i> Western Washington University, Department of Psychology
Fall 2015	Teaching Assistant <i>Introduction to Social Psychology</i> Western Washington University, Department of Psychology
Spring 2015	Teaching Assistant <i>Introduction to Psychology</i> Western Washington University, Department of Psychology

CLINICAL EXPERIENCE

May 2025 – present	Mother Dialectical Behavioral Therapy (DBT) Skills Training <i>Clinical Psychology Extern</i> University of Pittsburgh Medical Center/Western Psychiatric Hospital Supervisors: Maureen Zalewski, Ph.D., Amy Byrd, Ph.D., & Stephanie Stepp, Ph.D. • <i>Setting:</i> outpatient DBT program; individual case management and skills training groups for mothers with a history of suicidal behavior as part of a randomized controlled trial investigating emotion regulation as an intergenerational mechanism of suicide risk transmission • <i>Treatment modalities:</i> dialectical behavior therapy (DBT)
Sept. 2024 – May 2025	Center for Autism and Developmental Disorders – Child and Adolescent Clinic <i>Clinical Psychology Extern & Assessor</i> University of Pittsburgh Medical Center Supervisors: Stephanie Fox, Ph.D. & Alex Carroll, PsyD • <i>Setting:</i> outpatient clinic specializing in the assessment and treatment of children and adolescents with autism spectrum disorder • <i>Assessments:</i> provision of initial diagnostic assessments and autism assessments, including use of the ADOS-2
July 2022 – July 2023	Center for Eating Disorders <i>Clinical Psychology Extern</i> University of Pittsburgh Medical Center/Western Psychiatric Hospital Supervisors: Rachel Kolko Conlon, Ph.D. & Britny Hildebrandt, Ph.D. • <i>Setting:</i> partial hospitalization program, intensive outpatient program; group therapy for adolescents and young adults (large proportion LGBTQ+) experiencing anorexia nervosa, bulimia nervosa, binge eating disorder, and other feeding and eating disorders • <i>Treatment modalities:</i> cognitive behavioral therapy for eating disorders (CBT-E); dialectical behavior therapy (DBT); and acceptance and commitment therapy (ACT)
July 2021 – July 2022	Center City Clinic for Behavioral Medicine <i>Clinical Psychology Extern</i> Jefferson University, Philadelphia, PA Supervisor: C. Virginia O'Hayer, Ph.D.

- *Setting*: full-model outpatient dialectical behavior therapy program; individual and group therapy for Medicaid-eligible patients experiencing emotion dysregulation, self-harm, suicidality, and eating disorders; provision of phone coaching
- *Treatment modalities*: dialectical behavior therapy (DBT), radically-open dialectical behavior therapy (RO-DBT), and acceptance and commitment therapy (ACT)

Nov. 2020 –
June 2022

Center for Weight, Eating, and Lifestyle Science

Clinical Psychology Extern

Drexel University, Philadelphia, PA

Supervisor: Adrienne Juarascio, Ph.D.

- *Setting*: 16-week individual therapy program for adults with bulimia nervosa (BN) or binge eating disorder (BED)
- *Treatment modalities*: mindfulness and acceptance-based behavioral treatments (MABTs)

Aug. 2020 –
June 2021

Psychological Services Training Center

Child, Adult, and Family Therapist

University of Delaware, Newark, DE

Supervisor: Timothy Fowles, Ph.D.

- *Setting*: outpatient program; in-house university clinic for individual clients (children and adults) and families
- *Treatment modalities*: cognitive behavioral therapy (CBT); diagnostic, intelligence, and academic testing using standardized psychometric examinations (e.g., K-SADS)

Jan. 2018 –
Dec. 2018

Center for Weight, Eating, and Lifestyle Science

Group Interventionist

Drexel University, Philadelphia, PA

Supervisor: Meghan Butryn, Ph.D.

- *Setting*: group weight-loss intervention to adults with overweight and obesity
- *Treatment modalities*: standard behavioral weight loss treatment; mindfulness and acceptance-based behavioral treatments (MABTs)

Mar. 2015 –
June 2016

Eating and Body Image Lab

Group Interventionist

Western Washington University, Bellingham, WA

Supervisor: Anna Ciao, Ph.D.

- *Setting*: group body image intervention for college students
- *Treatment modalities*: gender- and LGBTQ- inclusive adaptation of the Body Project

EDITORIAL & REVIEWING EXPERIENCE

Guest Editor
2024

Eating Disorders: The Journal of Treatment and Prevention (Special Issue)
A Proud Step Forward: Advancing Research on Body Image and Disordered Eating among LGBTQ+ Populations

Co-Editors: Savannah R. Roberts, Tiffany A. Brown

2023 *Eating Behaviors* (Special Issue)
 The Influence of Social Media on Body Image and Disordered Eating
 Co-Editors: Savannah R. Roberts, Tiffany A. Brown

Ad-hoc Reviewing

International Journal of Eating Disorders; Body Image; Eating Disorders: The Journal of Treatment and Prevention; Eating and Weight Disorders; Eating Behaviors; Journal of Research on Adolescence; Journal of Adolescence; Journal of Adolescent Health; Psychology of Women Quarterly; Psychology of Popular Media; Journal of American College Health; Sex Roles

SERVICE

- | | |
|-------------|---|
| 2022 – 2025 | Founder, Director
<i>Getting into Grad School: Applying to PhD Programs in Clinical Psychology</i>
www.clinicalpsychphd.com <ul style="list-style-type: none"> • Assisted cohort of applicants ($N = 600+$) interested in applying to Ph.D. programs in Clinical Psychology; past participants unanimously recommended the program. • Coordinated year-long, online program providing sustained mentorship and structured guidance across all stages of the application cycle. • Offered monthly meetings, feedback on materials, practice interviews, and mentorship • Received APA Div. 12 Distinguished Student Service Award in Clinical Psychology |
| 2020 – 2023 | Co-Chair
<i>Academy for Eating Disorders</i>
Body Image & Prevention SIG <ul style="list-style-type: none"> • Organized conference submissions • Led monthly meetings |
| 2022 – 2023 | Subcommittee Leader
<i>Academy for Eating Disorders</i>
Early Career SIG, Diversity Task Force <ul style="list-style-type: none"> • Organized series of webinars advising students interested in applying to graduate school in psychology • Past webinars were attended by over 300+ prospective applicants • Written guides posted after webinar were accessed by 3,500+ prospective applicants |

MENTORSHIP

- | | |
|-------------|---|
| 2023 – 2024 | Undergraduate Honors Thesis Committee Member
<i>University of Pittsburgh</i>
<u>Student:</u> D. Alejandro Todd, B.S. |
| 2021 – 2022 | Undergraduate Honors Thesis Advisor |

University of Delaware

Student: Emily Gotkiewicz, B.S.

Received the departmental Psychology Research Award, awarded to one graduating senior

2018 – present

Undergraduate and Postbaccalaureate Research Mentor

University of Pittsburgh; University of Delaware; Drexel University

Students: Basia Silverberg (2022-2023); Emily Gotkiewicz (2021-2022); Alexa Rial (2021); Julia Friedman (2019); Kendra Plummer (2019); Sami Sininsky (2018-2019); Elizabeth Bell (2018); Cara Colao (2018); Brooke Rysdon (2018)

2018 – present

Mentor: Graduate School and Postbaccalaureate Applications

University of Pittsburgh; University of Delaware; American Psychological Association, Div. 53; Academy for Eating Disorders, Early Career SIG; Next Generation Scholars Program

Applications to graduate school: Brianna Ladd (2022; accepted to PhD program); Mikaela Bubna (2022; accepted to PhD program); Laura Boyajian (2022; accepted to PhD program); Lindsay Gillikin (2022; accepted to PhD program); Camille Garnsey (2021; accepted to PhD program); Laura D'Adamo (2021; accepted to PhD program); Noelle Marousis (2021; accepted to PhD program)

Applications for postbaccalaureate positions: Laura Boyajian (2020); Haley Henry (2020); Sarah Drexler (2020); Kendra Plummer (2020); Megan Kundra (2020); Cara Colao (2018)

PROFESSIONAL AFFILIATIONS

Academy for Eating Disorders

Society of Clinical Child and Adolescent Psychology (SCCAP)

Society for a Science of Clinical Psychology (SSCP)

Association for Behavioral and Cognitive Therapies (ABCT)

Association for Psychological Science (APS)

Society for Research on Adolescence (SRA)

CLINICAL SKILLS

Manualized/Evidence-Based Treatments and Modalities: Dialectical Behavior Therapy (**DBT**); Radically Open DBT (**RO-DBT**); Acceptance and Commitment Therapy (**ACT**); Enhanced Cognitive Behavioral Therapy for Eating Disorders (**CBT-E**); Cognitive Behavioral Therapy (**CBT**)

Clinical Interviews: The Structured Clinical Interview for DSM-5 Clinician Version (**SCID-5-CV**); The Mini International Neuropsychiatric Interview (**MINI**); The Schedule for Affective Disorders and Schizophrenia for School-Age Children (**K-SADS**)

Neuropsychological and Diagnostic Assessments: Achenbach Child Behavior Checklist (**CBCL**); Adaptive Behavior Assessment System, 3rd Edition (**ABAS-3**); Autism Diagnostic Observation Schedule, 2nd Edition (**ADOS-2**); Autism Spectrum Rating Scales (**ASRS**); Beery-Buktenica Developmental Test of Visual-Motor Integration, 6th Edition (**BEERY VMI-6**); Behavior Assessment

System for Children, 3rd Edition (**BASC-3**); Brief Rating Scale of Executive Function, 2nd Edition (**BRIEF-2**); Conners Continuous Performance Task, 3rd Edition (**CPT-3**); Delis Kaplan Executive Function System (**D-KEFS**); Developmental Neuropsychological Assessment, 2nd Edition (**NEPSY-II**); Differential Abilities Scale, 2nd Edition (**DAS-II**); Expressive One-Word Picture Vocabulary Test, 4th Edition (**EOWPVT-4**); Grooved Pegboard Test (**GPT**); Kaufman Brief Intelligence Test, 2nd Edition (**K-BIT**); Leiter International Performance Scale, 3rd Edition (**Leiter-3**); Minnesota Multiphasic Personality Inventory-3 (**MMPI-3**); Peabody Picture Vocabulary Test, 5th Edition (**PPVT-5**); Social Communication Questionnaire (**SCQ**); Social Responsiveness Scale, 2nd Edition (**SRS-2**); Test of Memory Malingering (**TOMM**); Test of Variables of Attention (**TOVA**); Vineland Adaptive Behavior Scales, 3rd Edition (**VABS-3**); Wechsler Abbreviated Scale of Intelligence, 2nd Edition (**WASI-II**); Wechsler Adult Intelligence Scale, 4th Edition (**WAIS-IV**); Wechsler Individual Achievement Test, 4th Edition (**WIAT-4**); Wechsler Intelligence Scale for Children, 5th Edition (**WISC-V**); Woodcock-Johnson IV Tests of Cognitive Abilities and Achievement (**WJ-IV COG**; **WJ IV ACH**)