

EMILY M. GOTKIEWICZ

CURRICULUM VITAE
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EDUCATION

- 08/2018 – 05/2022 **B.A. Psychology** **GPA: 3.944**
University of Delaware, Department of Psychological & Brain Sciences
Newark, DE
Thesis topic: Moderating effects of personality factors on the relationships between self-objectification, social comparison, and disordered eating
Advisors: Sophia Choukas-Bradley, Ph.D., Savannah Roberts, M.A.
- 08/2022 – Present **Post-Baccalaureate Coursework** (Pre-Med Curriculum) **GPA: 3.917**
University of Pittsburgh, Pittsburgh, PA

SCHOLARSHIPS AND AWARDS

- **Psychology Research Award**, University of Delaware (2022) | \$100
- **Athletic Scholarship**, University of Delaware (2018-2022) | \$53,000
- **Merit Scholarship**, University of Delaware (2018-2022) | \$2,700

PUBLICATIONS IN PEER-REVIEWED JOURNALS

- Suffoletto, B., Goldstein, T., Gotkiewicz, D., **Gotkiewicz, E.**, George, B., & Brent, D. (2021). Acceptability, engagement, and effects of a mobile digital intervention to support mental health for young adults transitioning to college: Pilot randomized controlled trial. *JMIR formative research*, 5(10), e32271. <https://doi.org/10.2196/32271>

PAPER & POSTER PRESENTATIONS

- **Gotkiewicz, E. M.**, Roberts, S. R., Maheux, A.J. & Choukas-Bradley, S. (2023, June). *The role of appearance-contingent self-worth in self-objectification, social comparison, and disordered eating among young adults* [Poster presentation]. International Conference on Eating Disorders, Washington, D. C.
- Roberts, S. R., Maheux, A. J., **Gotkiewicz, E. M.** & Choukas-Bradley, S. (2022, November). *The associations between gender and romantic relationships on young*

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adults' body image and disordered eating [Brief paper presentation]. The Society for the Scientific Study of Sexuality Annual Meeting, Vancouver, BC.

- Roberts, S. R., **Gotkiewicz, E. M.**, Maheux, A. J., & Choukas-Bradley, S. (2022, June). *Disordered eating during adolescence and emerging adulthood: Synthesizing three studies to highlight appearance-related social media consciousness* [Paper presentation]. International Conference on Eating Disorders, virtual conference.

RESEARCH EXPERIENCE

July 2022 – Present

Lab Manager

Teen and Young Adult Lab (TAYA Lab), University of Pittsburgh

PI: Sophia Choukas-Bradley, Ph.D.

Part-time lab manager for TAYA Lab

September 2021 – May 2022

Senior Thesis Research

Teen and Young Adult Lab, University of Delaware

PI: Sophia Choukas-Bradley, Ph.D.

Graduate Mentor: Savannah Roberts, B.S.

- Developed and conducted an independent research project on the moderating effects of personality factors on the relationships between self-objectification, social comparison, and disordered eating
- Conducted literature reviews, data analyses, and results interpretation
- Formatted and wrote manuscript of resulting departmental thesis

February 2021 – May 2022

Undergraduate Research Assistant

Teen and Young Adult Lab, University of Delaware

Lab Director: Sophia Choukas-Bradley, Ph.D.

- Contributed to various research projects on adolescent development in the context of social media use, body image, sexual behavior, mental health, and LGBTQ+ health
- Completed literature searches and compiled articles for publications in preparation
- Input, edited, and tested Qualtrics survey usability for active research projects and data collection
- Attended weekly lab meetings to discuss current literature about social media, objectification theory, body image, and LGBTQ+ adolescents

September 2020 – June 2021

Undergraduate Research Assistant

The Personality & Dysregulation Lab, University of Delaware

Lab Director: Naomi Sadeh, Ph.D.

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- Contributed to research projects focusing on personality factors and externalizing behaviors among adult and child populations
- Reviewed fMRI data, identified and recorded image abnormalities, and gained experience using FSLeaves software
- Attended weekly meetings learning to conduct qualitative interviews following the Structured Clinical Interview for DSM-5 guide
- Completed literature searches and compiled articles on topics including child neglect, risky youth behavior, and adult criminal behavior

May 2020 – August 2020

Undergraduate Research Associate

Western Psychiatric Institute and Clinic, University of Pittsburgh

Project Director: Tina Goldstein, Ph.D.

- Assisted on the Text2Connect College project, aiming to promote self-efficacy and aid adolescent students in their mental health transition from high school to college
- Contributed to the generation of the Text2Connect platform, a text message-based intervention system to monitor mental health symptoms and offer necessary guidance
- Provided consultation as a current college student to determine efficient ways of recruiting participants and disseminating information

PROFESSIONAL AND EXTRACURRICULAR EXPERIENCE

Dec 2019 – Jan 2023 **Spokesperson & Head of Teen Advisory Committee**

Green Ribbon Library

- Assisted in creation of video series aiding students with college transition and suicide prevention

Feb 2022 – May 2022 **Varsity Women's Tennis Student-Assistant Coach**

University of Delaware Athletics

- Worked with players and coaches through spring season to reach shared goals in athletics
- Displayed great work ethic both in athletics and academics

Sep 2018 – May 2022 **HenMinded Ambassador**

University of Delaware Athletics

- Worked alongside fellow ambassadors to reduce stigma surrounding mental health struggles in athletes

Aug 2018 – Dec 2021 **Varsity Women's Tennis Student-Athlete**

University of Delaware Athletics

- Competed in year-round NCAA Division I Athletics
- Exceeded expectations when under pressure
- Worked with and supported teammates in competition and training