

**ZELAL KILIC**  
**CURRICULUM VITAE**  
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**EDUCATION**

- 2022-2028     **University of Pittsburgh**, Pittsburgh, PA  
Ph.D. student in Clinical & Developmental Psychology  
Advisor: Jennifer Silk, Ph.D.  
Secondary Advisor: Sophia Choukas-Bradley, Ph.D.
- 2016-2020     **Connecticut College**, New London, CT  
B.A. Psychology and Computer Science, *Magna Cum Laude*, Phi Beta Kappa  
Cumulative GPA: 3.91, Psychology GPA: 3.93, Computer Science GPA: 3.92  
Honors Thesis: *The Influence of Self-Concept Clarity on Links Between Interpersonal Stress and Emotion Regulation*
- 2018-2019     **Harvard University**, Cambridge, MA  
Visiting Undergraduate Student

**HONORS, AWARDS, & FELLOWSHIPS**

- 2022           David and Grace Lazovik Student Research Grant, *University of Pittsburgh, Department of Psychology* (\$1000)
- 2022-2023     Arts and Sciences Fellowship Award, *University of Pittsburgh* (\$24,552)
- 2020           Psi Chi Award for Contribution to the Field of Psychology, *Connecticut College Chapter*
- 2020           The Rena Rimsky Wing '67 Endowed Fund for Psychology Student Research, *Connecticut College Psychology Department* (\$150)
- 2020           Bernard I. Murstein Award for research in interpersonal relationships, *Connecticut College Psychology Department*
- 2018-2020     Distinction in Computer Science Award, *Connecticut College Computer Science Department*
- 2016-2020     Dean's High Honors
- 2019           Summer Research Grant, *Tour Cummings Center for International Studies and Liberal Arts* (\$9000)  
Selected scholar to conduct research on problematic internet use and self-destructive behaviors at Harvard University and Stellenbosch University
- 2018           ConnSSHARP Research Grant, *Connecticut College* (\$3000)  
Award to support independent student summer research  
Faculty Sponsor: Audrey Zakriski, Ph.D., Michael Armeey, Ph.D.
- 2018           American Psychological Association Student-Faculty Research Fund, *APA*, (\$1000)
- 2018           Global Scholars Fund, *Walter Commons for Global Study and Engagement*, (\$500)
- 2017           Psi Chi International Honors Society in Psychology

## **PUBLICATIONS IN PEER-REVIEWED JOURNALS**

- Choukas-Bradley, S., **Kilic, Z.**, Stout, C. D., & Roberts, S. R. (Accepted). Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health. In A. G. Viana (Ed.), *Advances in Psychiatry and Behavioral Health, Volume 3 (Children and Adolescents Section)*.
- Flannery, J.S., Maza, M.T., **Kilic, Z.**, Telzer, E.H. (In press). Cascading bidirectional influences of digital media use and mental health in adolescence. *Advances in Child Development and Behavior*.
- Lochner, C., Albertella, L., Kidd, M., **Kilic, Z.**, Ioannidis, K., Grant, J.E., Yucel, M., Stein, D.J., Chamberlain, S.R. (2022). The COVID-19 Pandemic and Problematic Usage of the Internet: Findings from a diverse adult sample in South Africa. *Journal of Psychiatric Research*.
- Nick, E.A., **Kilic, Z.**, Nesi, J., Telzer, E. H., Lindquist, K. A., & Prinstein, M. J. (2021). Adolescent digital stress: Frequencies, correlates, and longitudinal association with depressive symptoms. *Journal of Adolescent Health*.

## **MANUSCRIPTS UNDER REVIEW & IN PREPARATION**

- Kilic, Z.**, Nick, E.A., Calhoun, C.D., Pollak, O.H., Rudolph, K., Hastings, P., Nock, M.K., & Prinstein, M.J. (In Preparation). Adolescent girls' close friendship dynamics as prospective predictors of self-injurious thoughts and behaviors.

## **CONFERENCE PRESENTATIONS**

- Kilic, Z.**, Maheux, A. J. , Nesi, J., Silk, J.S. , Choukas-Bradley, S. (2023, September). *Associations between adolescents' online-only friendships, depressive symptoms, and social media experiences*. Poster accepted at the Digital Media and Developing Minds International Scientific Congress, Washington, DC.
- Kilic, Z.**, Sequeira, S. L., Ladouceur, C. D., & Silk, J. S. (2023, March). *Adolescent girls' attributions of negative social interactions as longitudinal predictors of depression and suicidal ideation*. Poster presented at the Society for Research in Child Development, Salt Lake City, UT.
- Kilic, Z.**, Nick, E., Lindquist, K., Telzer, E., Nesi, J., & Prinstein M. (2021, April). *Adolescents, Digital Stress, and Depressive Symptoms*. Poster presented for presentation at the Society for Research in Child Development, held virtually.
- Kilic, Z.**, Rodman, A. & McLaughlin, K. (2019, November). *Cognitive control moderates the relationship between maltreatment and anxiety in youth*. Poster presented for presentation at the Association for Behavioral and Cognitive Therapies' 53<sup>rd</sup> Annual Convention, Atlanta, GA.
- Kilic, Z.**, Hamlett, N., & Zakriski, A. (2018, November). *An experience sampling approach to understanding links between technology use and psychological functioning*. Poster presented for presentation at the New England Psychological Association, Worcester, MA.

## **LOCAL AND REGIONAL PRESENTATIONS**

- Kilic, Z.**, & Tarimo, W. (2020, May). *Using Mobile Technologies to Increase Accessibility of Student Counseling Services*. Project presented at the Student Research Symposium, New London, CT.
- Kilic, Z.**, & Zakriski, A. (2020, May). *The Influence of Self-Concept Clarity on Links Between Interpersonal Stress and Emotion Regulation*. Poster presented at the Student Research Symposium, New London, CT.

**Kilic, Z., & Lochner, C.** (2019, October). *Correlates of Personality Disorders to Binge-Watching and Problematic Internet Use*. Poster presented at the All College Symposium, New London, CT.

**Kilic, Z.** (2017, October). *The Effects of the Overuse of Technology and Socioeconomic Status on Adolescent Mental Health Disorders*. Poster presented at the All College Symposium, New London, CT.

## **OTHER ACADEMIC LOCAL PUBLICATIONS**

**Kilic, Z., Omrawo, C., & Lochner, C.** (2019). Problematic internet use: an overview. *Mental Health Matters*.

**Kilic, Z.** (2017). Effects of Musical Mood Induction on a Visual Memory Test. *Connecticut College Psychology Journal*.

## **RESEARCH EXPERIENCE**

2022-Present **Graduate Research Assistant**

**Families, Emotions, Neuroscience & Development Lab**, University of Pittsburgh

PI: Jennifer Silk Ph.D.

Project: *Teen SCREEN Project*

- Research topic: Investigating the effects of online and in-person peer interactions on the development of adolescent depression and self-injurious thoughts and behaviors
- Administer semi-structured clinical diagnostic interviews and suicide assessments
- Lead passive sensing and ecological momentary assessment data collection efforts

**Lab Member**

**Teen and Young Adult Lab**, University of Pittsburgh

PI: Sophia Choukas-Bradley Ph.D.

2020-2022 **Project Coordinator**

**Peer Relations Lab and Developmental Social Neuroscience Lab**, University of North Carolina at Chapel Hill

PIs: Mitch Prinstein Ph.D., Eva Telzer Ph.D., Casey Calhoun Ph.D.

Project: *Teen Transition Project and Project NeuroTeen*

- Manager of a 5-year longitudinal study of adolescent social, emotional, neural development funded by Dr. Telzer's \$2.8 M R01 NIH research grant and the Adolescent Brain Development and Technology Initiative
- Collected neural and behavioral data from 15-17-year-old participants and their parents, involving daily EEG scans, ecological momentary assessments, social media data, questionnaire measures, blood sampling, and fMRI brain scans

2019-2020 **Independent Undergraduate Honors Thesis**

Psychology Department, Connecticut College

- Explored the influence of self-concept clarity on in-vivo social stressors in people with higher borderline personality symptoms and lower emotion regulation

- 2019-2020 **Research Assistant**  
**MRC Unit on Risk and Resilience in Mental Disorders**, Stellenbosch University  
PI: Christine Lochner Ph.D., Dan Stein Ph.D.
- Conducted lit reviews and co-authored manuscripts on the correlates between technology use and various psychopathological outcomes
- Summer 2019 **Undergraduate Research Assistant**  
**Nock Lab**, Harvard University  
PI: Matthew Nock Ph.D., Advisor: Shirley Wang M.A.  
Project: *A systematic review of self-injurious thoughts and behaviors literature based on NIMH's RDoC grant*  
Project: *A longitudinal investigation of dietary restriction, eating-disorder psychopathology, and non-suicidal self-injury among adolescents*
- 2018-2019 **Undergraduate Research Assistant**  
**Hooley Lab**, Harvard University  
PI: Jill Hooley Ph.D., Advisor: Chelsea Boccagno M.A.  
Project: *Emotion reactivity and regulation choice in non-suicidal self-injury: Examining the role of social-evaluative threat*  
Project: *Instagram, Identity, and Illness: A Longitudinal Study.*
- 2018-2019 **Undergraduate Research Assistant**  
**Stress and Development Lab**, Harvard University  
PI: Katie McLaughlin Ph.D.  
Project: *NIH funded intensive longitudinal study investigating stress and psychopathology across adolescents*
- Summer 2018 **Summer Research Intern**  
**Butler Hospital— affiliated with Brown University)**  
PI: Michael Arney Ph.D.
- 2017-2020 **Undergraduate Research Assistant**  
**Clinical Psychology Research Group**, Connecticut College  
PI: Audrey Zakriski Ph.D.
- Conducted a pilot EMA project on how different media of technology affect eating disorders and body image
- 2017-2020 **Undergraduate Research Assistant**  
**Behavioral Mechanisms of Attention Research Group**, Connecticut College  
PI: Jeff Moher Ph.D.
- Utilized EEG, finger-tracking and eye-tracking tools to investigate the mechanisms of attention and distraction

## CLINICAL AND PROFESSIONAL EXPERIENCE

- Summer 2017      **Clinical Intern**  
**Guzel Gunler Health Services, YDY Education Research Consulting**, Istanbul, Turkey  
PI: Yanki Yazgan M.D. Ph.D.
- Worked collaboratively with a multidisciplinary team comprised of psychiatrists, psychologists, primary therapists, dietitians, and nursing staff to mentor children with autism, ADHD and other psychological disorders

## TEACHING EXPERIENCE

- 2019-2020      **Psychological Statistics**  
Teaching Assistant, Psychology Department, Connecticut College
- 2017-2020      **Intro to Computer Science**  
Teaching Assistant, Computer Science Department, Connecticut College
- 2017-2020      **Turkish Language Tutor**, Global Learning Lab

## SERVICE RECORD

- 2019-2020      Chapter Journal Editor, *Psi Chi International Honors Society in Psychology*
- April 2018      Student Representative/Discussant, *Camel Days Parents Panel*
- April 2018      Organizer/Moderator, *Annual Psychology Department Conference*, Connecticut College
- 2017-2020      International Student Advisor, Connecticut College

## OTHER WORK EXPERIENCE

- Fall 2017      **Business Analyst**, The Water Project, New London, CT
- Reorganized and redesigned for the website for The Water Project with a team of software developers
- 2018-2020      **Translator**, Start Fresh, Connecticut College
- Helped refugees with their language needs in New London area

## TECHNICAL AND LANGUAGE SKILLS

Statistical Programs: R, SPSS

Languages: Turkish (Native proficiency), German (Limited working proficiency)

Other Computer Skills: Python, Java, Github, Acqknowledge, QRSTools, FreeSurfer, RedCAP, HTML, Scheme, Psychopy, Qualtrics

## PROFESSIONAL AFFILIATIONS

- 2022 – Present      American Arab, Middle Eastern, and North African Psychological Association
- 2018-2020      Psi Chi Member & Chapter Journal Editor
- 2018-2020      ActiveMinds Student Member at Connecticut College
- 2019-2020      Women in STEM and Women Student Member in CS at Connecticut College

