

CURRICULUM VITAE

Savannah R. Roberts, M.A.

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EDUCATION

- Expected 2027 **University of Pittsburgh**, Pittsburgh, PA
Ph.D. Student, Joint Degree in Clinical and Developmental Psychology
Advisor: Sophia Choukas-Bradley, Ph.D.
- 2022 **University of Delaware**, Newark, DE
M.A., Clinical Science
Advisor: Sophia Choukas-Bradley, Ph.D.
- 2019 **University of Pittsburgh**, Pittsburgh, PA
Ph.D. Student, Joint Degree in Clinical and Developmental Psychology
Advisor: Sophia Choukas-Bradley, Ph.D.
- 2016 **Western Washington University**, Bellingham, WA
B.S., Psychology with Honors, *magna cum laude*
B.A. Spanish with Honors, *magna cum laude*
Advisors: Anna Ciao, Ph.D., Alexander Czopp, Ph.D.
- 2014 **Universidad Pablo de Olavide** (Study Abroad), Seville, Spain
Language, Business, and Applied Social Sciences Concentration

GRANTS & FELLOWSHIPS

- 2020 – 2023 **National Science Foundation Graduate Research Fellowship**
Amount: \$138,000
- 2021 – 2022 **University of Delaware Department of Women & Gender Studies and the Mae & Robert Carter Endowment in Women's Studies**
Understanding Gendered Racial Identity Among Black Young Women: Qualitative Interviews Exploring Body Image, Sexuality, & Mental Health
Role: Co-Investigator
Amount: \$4,972
- 2020 – 2021 **American Psychological Association/Psi Chi Junior Scientist Fellowship**
Project Daisy: Disordered Eating, Academics, Identity, and Sexual Experiences Among Young Adults
Role: Principal Investigator
Amount: \$1,000
- 2019 – 2020 **Arts & Sciences Fellowship, University of Pittsburgh**
Amount: \$23,500

AWARDS & HONORS

- 2023 **Early Career Research Award**, Academy for Eating Disorders
- 2023 **Bassell Student Publication Award**, University of Pittsburgh (\$100)
- 2023 **Honorable Mention**, Student Prize for Psychological Research on Women and Gender, Society for the Psychology of Women (APA Division 35) and the Association for women in Psychology (AWP)
- 2023 **Outstanding Speaker**, College of Arts & Sciences, University of Pittsburgh (\$200)
- 2021 **RSH Scholarship**, Academy for Eating Disorders (\$1,500)
- 2021 **Best Poster Award**, ABCT Obesity and Eating Disorders SIG (\$50)
- 2021 **Best Paper Presentation**, Academy for Eating Disorders conference category
- 2021 **Student Abstract Award**, Academy for Eating Disorders Body Image SIG
- 2020 **Student Poster Award**, Society for Research on Adolescence
- 2020 **Emerging Scholars Travel Award**, Society for Research on Adolescence
- 2014 **Affiliate Scholarship**, Academic Programs International (\$150)
- 2012 – 2016 **Exchange Scholarship**, Western Washington University (\$35,000)
- 2012 – 2016 **Distinguished Scholar**, Western Foundation (\$2,000)
- 2012 – 2016 **Merit Scholarship**, Western Washington University (\$8,000)
- 2012 **Annual Scholarship**, Western Foundation (\$2,000)
- 2012 **Bowman Family Distinguished Scholarship**, Western Foundation (\$1,000)

ACADEMIC PUBLICATIONS (*N* = 34)

Trainee authors/presenters are underlined

1. **Roberts, S. R.**, Gordon, A. R., & Choukas-Bradley, S. (accepted for publication). Body image and disordered eating in adolescence. In V. Harrison, S. Adelsheim, & A. Collier (Eds.), *Social Media and Youth Mental Health: A Public Health Perspective*. American Psychiatric Association.
2. Choukas-Bradley, S., Kilic, Z., Stout, C. D., & **Roberts, S. R.** (accepted for publication). Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health. *Advances in Psychiatry and Behavioral Health*.
3. **Roberts, S. R.**, Hay, P., Bussey, K., Trompeter, N., Lonergan, A., & Mitchison, D. (2023). Associations among relationship status, gender, and sexual attraction in Australian adolescents' eating pathology. *International Journal of Eating Disorders*, 56(3), 551–561. <https://doi.org/10.1002/eat.23861>
4. **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge, England: Cambridge University Press.

5. Choukas-Bradley, S., **Roberts, S. R.**, Maheux, A. J., & Nesi, J. (2022). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls’ body image concerns and mental health. *Clinical Child and Family Psychology Review*, 25(4), 681-701. <https://doi.org/10.1007/s10567-022-00404-5>
6. Escobar-Viera, C., Choukas-Bradley, S., Sidani, J., Maheux, A. J., **Roberts, S. R.**, & Rollman, B. (2022). Examining social media experiences and attitudes toward technology-based interventions for reducing social isolation among LGBTQ youth living in rural United States: An online qualitative study. *Frontiers in Digital Health*, 4, 900695. <https://doi.org/10.3389/fdgth.2022.900695>
7. Karim, S., Choukas-Bradley, S., Radovic, A., **Roberts, S. R.**, Maheux, A. J., & Escobar-Viera, C. G. (2022). Support over social media among socially isolated sexual and gender minority youth in rural U.S. during the COVID-19 pandemic: Opportunities for intervention research. *International Journal of Environmental Research and Public Health*, 19(23), Article 23. <https://doi.org/10.3390/ijerph192315611>
8. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, & Choukas-Bradley, S. (2022). Black adolescents’ appearance concerns, depressive symptoms, and self-objectification: Exploring the roles of gender and ethnic-racial identity commitment. *Body Image*, 43, 314-325. <https://doi.org/10.1016/j.bodyim.2022.09.008>
9. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Widman, L., & Choukas-Bradley, S. (2022). Psychometric validation and factor structure of the Appearance-Related Social Media Consciousness Scale among emerging adults. *Body Image*, 43, 63-74. <https://doi.org/10.1016/j.bodyim.2022.08.002>
10. **Roberts, S. R.**, Maheux, A. J., Watson, R. J., Puhl, R., & Choukas-Bradley, S. (2022). Sexual and gender minority (SGM) adolescents’ disordered eating: Exploring general and SGM-specific factors. *International Journal of Eating Disorders*, 55(7), 933-946. <https://doi.org/10.1002/eat.23727>
11. **Roberts, S. R.**, Maheux, A. J., Hunt, R. A., Ladd, B. A., & Choukas-Bradley, S. (2022). Incorporating social media and muscular ideal internalization into the tripartite influence model of body image: Towards a modern understanding of adolescent girls’ body dissatisfaction. *Body Image*, 41, 239-247. <https://doi.org/10.1016/j.bodyim.2022.03.002>
12. Carrino, E. A., Bryen, C. P., Maheux, A. J., Stewart, J. L., **Roberts, S. R.**, Widman, L., & Choukas-Bradley, S. (2022). Empowered activists or entitled whiners? A thematic analysis of U.S. adolescents’ definitions of “feminist” in a diverse, mixed-gender sample. *Sex Roles*, 86, 395-414. <https://doi.org/10.1007/s11199-021-01260-3>
13. Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. S. (2022). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in U.S. adolescent girls during the COVID-19 lockdown. *Journal of Children and Media*, 16(4), 491-492. <https://doi.org/10.1080/17482798.2022.2039255>
14. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Widman, L., & Choukas-Bradley, S. (2022). Longitudinal associations between appearance-related social media

- consciousness and adolescents' depressive symptoms. *Journal of Adolescence*, 94(2), 264-269. <https://doi.org/10.1002/jad.12009>
15. Arigo, D., **Roberts, S. R.**, & Butryn, M. L. (2021). Social comparisons between group members during behavioural weight loss treatment: Comparison direction, scale, and associations with weight loss maintenance. *Psychology & Health*, 1-16. <https://doi.org/10.1080/08870446.2021.1967953>
 16. Ciao, A. C., Munson, B. R., Pringle, K. D., **Roberts, S. R.**, Lalgee, I. A., Lawley, K. A., & Brewster, J. (2021). Inclusive dissonance-based body image interventions for college students: Two randomized-controlled trials of the EVERYbody Project. *Journal of Consulting and Clinical Psychology*, 89(4), 301-315. <https://doi.org/10.1037/ccp0000636>
 17. Gorrell, S., Hughes, E.K., Sawyer, S., **Roberts, S. R.**, Nagata, J., Yeo, M., Lock, J., & Le Grange, D. (2021). Gender-based clinical differences in evidence-based treatment for adolescent anorexia nervosa: Analysis of aggregated randomized controlled trials. *Eating and Weight Disorders*, 27, 1123-1130. <https://doi.org/10.1007/s40519-021-01257-7>
 18. Maheux, A. J., Nesi, J., **Roberts, S. R.**, Galla, B. M., & Choukas-Bradley, S. (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence*, 31(3), 734-747. <https://doi.org/10.1111/jora.12650>
 19. Maheux, A. J., **Roberts, S. R.**, Evans, R., Widman, L., & Choukas-Bradley, S. (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image*, 37, 89-93. <https://doi.org/10.1016/j.bodyim.2021.01.014>
 20. Nesi, J., Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Sanzari, C., Widman, L., & Prinstein, M. J. (2021). Selfie appearance investment and peer feedback concern: Multi-method investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*, 10(4), 488-499. <https://doi.org/10.1037/ppm0000342>
 21. Nesi, J., Dredge, R., Maheux, A. J., **Roberts, S. R.**, Fox, K. A., & Choukas-Bradley, S. (2021). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.
 22. Rezeppa, T. L., **Roberts, S. R.**, Maheux, A. J., Choukas-Bradley, S., Salk, R. H., & Thoma, B. C. (2021). Psychosocial correlates of body esteem and disordered eating among sexual minority adolescent girls. *Body Image*, 39, 184-193. <https://doi.org/10.1016/j.bodyim.2021.08.007>
 23. **Roberts, S. R.**, Salk, R. H., Thoma, B. C., Romito, M., Levine, M. D., Choukas-Bradley, S. (2021). Disparities in disordered eating between gender minority and cisgender adolescents. *International Journal of Eating Disorders*, 54(7), 1135-1146. <https://doi.org/10.1002/eat.23494>
 24. Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2021). Exploring transgender adolescents' body image concerns and disordered eating: Semi-structured interviews with nine gender minority youth. *Body Image*, 37, 50-62. <https://doi.org/10.1016/j.bodyim.2021.01.008>

25. Arigo, D., Mogle, J.A., Brown, M.M., **Roberts, S. R.**, Pasko, K., Butryn, M.L., & Symons Downs, D. (2020). Differences between accelerometer cut point methods among midlife women with cardiovascular risk markers. *Menopause*, 27(5), 559-567. <https://doi.org/10.1097/GME.0000000000001498>
26. Butryn, M. L., Godfrey, K. M., Martinelli, M. K., **Roberts, S. R.**, Forman, E. F., & Zhang, F. (2020). Digital self-monitoring: does adherence or association with outcomes differ by self-monitoring target? *Obesity Science & Practice*, 6(2), 126-133. <https://doi.org/10.1002/osp4.391>
27. Butryn, M. L., Martinelli, M. K., Godfrey, K. M., **Roberts, S. R.**, Zhang, F., & Forman, E. M. (2020). Counselor surveillance of digital self-monitoring data: A pilot randomized controlled trial. *Obesity*, 28(12), 2339-2346. <https://doi.org/10.1002/oby.23015>
28. Call, C. C., **Roberts, S. R.**, Schumacher, L. M., Remmert, J. E., Kerrigan, S. G., & Butryn, M. L. (2020). Perceived barriers to physical activity during and after a behavioral weight loss program. *Obesity Science and Practice*, 6(1), 10-18. <https://doi.org/10.1002/osp4.373>
29. Choukas-Bradley, S., Hipwell, A. E., **Roberts, S. R.**, Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, 48, 1649-1658. <https://doi.org/10.1007/s10802-020-00699-4>
30. Butryn, M. L., Martinelli, M. K., Remmert, J. E., **Roberts, S. R.**, Zhang, F., Forman, E. M., & Manasse, S. M. (2019). Executive functioning as a predictor of weight loss and physical activity outcomes. *Annals of Behavioral Medicine*, 53(10), 909-917. <https://doi.org/10.1093/abm/kaz001>
31. Godfrey, K. M., Butryn, M. L., Forman, E. M., Martinez, M., **Roberts, S. R.**, & Sherwood, N. E. (2019). Depressive symptoms, psychological flexibility, and binge eating in individuals seeking behavioral weight loss treatment. *Journal of Contextual Behavioral Science*, 14, 50-54. <https://doi.org/10.1016/j.jcbs.2019.09.005>
32. Remmert, J. E., Convertino, A. D., **Roberts, S. R.**, Godfrey, K. M., & Butryn, M. L. (2019). Stigmatizing weight experiences in healthcare: Associations with BMI and eating behaviors. *Obesity Science & Practice*, 5(6), 555-563. <https://doi.org/10.1002/osp4.379>
33. Remmert, J. E., Tsai, A. G., **Roberts, S. R.**, & Butryn, M. L. (2019). Communication between patients and primary care physicians after behavioral weight loss. *Primary Health Care Research & Development*, 20, E75. <https://doi.org/10.1017/S1463423619000124>
34. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2018). Influence of gender on the evaluation of anorexia nervosa. *International Journal of Eating Disorders*, 51(10), 1162-1167. <https://doi.org/10.1002/eat.22917>

MANUSCRIPTS UNDER REVIEW (N = 7)

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1. **Roberts, S. R.**, Chandler, M., Wilson, M., & Ciao, A. C. (manuscript under review). Comparing the effect of appearance-focused media on young women's body image: Implications for the Body Positive Movement.

2. **Roberts, S. R.**, Gorrell, S., & LeGrange, D. (manuscript under review). Body image during puberty: What happens to how we feel about our body?
3. **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (manuscript under review). “Equality for all genders”: Transgender and gender diverse adolescents’ feminist self-identification and definitions of “feminist”.
4. Gordon, A. R., **Roberts, S. R.**, Fox, W., Rose, K., Edison, R., Silverstein, S., Reisner, S. L., & Calzo, J. P. (manuscript under review). What is needed for eating disorder prevention for transgender and gender diverse youth? Findings from asynchronous online focus groups.
5. Maheux, A. J., Laurenceau, J.-P., **Roberts, S. R.**, Nesi, J., Widman, L., & Choukas-Bradley, S. (manuscript under review). Longitudinal change in appearance-related social media consciousness and depressive symptoms: A within-person analysis with adolescents.
6. Martino, R. M., **Roberts, S. R.**, Maheux, A. J., Stout, C. D., & Choukas-Bradley, S. (manuscript invited for resubmission). The role of feminism and gender in endorsement of hookup culture among emerging adults.
7. Stout, C. D., Maheux, A. J., Martino, R. M., **Roberts, S. R.**, & Choukas-Bradley, S. (manuscript under review). “Sex would be as boring to me as eating dirt”: A mixed methods analysis of reasons young adults do not engage in hookups.

MANUSCRIPTS IN PREPARATION (N = 4)

1. **Roberts, S. R.**, Virzi, N., Billman, M., Denmark, K., & Brown, T.A. (manuscript in preparation). The “perfect man:” How perfectionism predicts outcomes in eating disorder prevention for men.
2. **Roberts, S. R.**, Smith, A. C., Stout, C. D., Ahuvia, I., Gordon, A. R., & Schleider, J.L. (manuscript in preparation). The impact of LGBTQ+ identity on acceptability and response to online single-session intervention for adolescents’ body image and depression.
3. Choukas-Bradley, S., Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Bryen, C. P., Carrino, E. A., & Goldstein, T. R. (manuscript in preparation). Exploring sexual behavior and attraction of bi+ adolescents with bipolar disorder: A qualitative analysis.
4. Choukas-Bradley, S., Salk, R. H., Maheux, A. J., **Roberts, S. R.**, & Thoma, B. C. (manuscript in preparation). Body image and self-objectification among sexual and gender minority adolescents.

CHAired SYMPOSIA & PANELS

1. **Roberts, S. R.**, & Silverstein, S. (co-chairs), Brown, T. A., Ciao, A. C., Duvall, A., & Pascual, S. (submission under consideration). *Eating disorder prevention: Theoretical foundations and current approaches* [Panel discussion]. Association for Behavioral and Cognitive Therapies Annual Meeting.

2. **Roberts, S. R.** & McCurdy-McKinnon, D. (co-chairs), Choukas-Bradley, S., Bardone-Cone, A., & Thompson, K. (2022, June). *Body image and prevention across the lifespan* [Panel discussion]. International Conference on Eating Disorders, virtual conference.

ORAL CONFERENCE PRESENTATIONS

Trainee authors/presenters are underlined

1. **Roberts, S. R.**, Maheux, A. J., Laurenceau, J. -P., Nesi, J., Widman, L., & Choukas-Bradley, S (2023, September). *Longitudinal change in adolescents' appearance-related social media consciousness and depressive symptoms: A within-person analysis* [Paper presentation]. Digital Media and Developing Minds International Scientific Congress, Washington DC.
2. **Roberts, S. R.**, Maheux, A. J., Laurenceau, J. -P., Nesi, J., Widman, L., & Choukas-Bradley, S (2023, April). Appearance-related social media consciousness and the development of depressive symptoms among U.S. adolescents. In K. Fox (Chair), *Beyond screen time: Understanding impacts of social media on adolescent development using new theories and sophisticated methods* [Symposium]. The Society for Research on Adolescence, San Diego, CA.
3. Stout, C. D., Maheux, A. J., Martino, R. M., **Roberts, S. R.**, & Choukas-Bradley, S. (2023, April). “*Sex would be as boring to me as eating dirt*”: A mixed methods analysis of reasons young adults do not engage in hookups [Paper presentation]. The Society for Research on Adolescence, San Diego, CA.
4. **Roberts, S. R.** (2023, March). *LGBTQ+ Adolescents' Disordered Eating: Highlighting LGBTQ-specific factors and describing a novel prevention* [Paper presentation]. University of Pittsburgh College of Arts and Sciences Grad Expo, Pittsburgh, PA.
 - AWARD: Received 1 of 5 “Outstanding Speaker” awards (\$200) across graduate students in University of Pittsburgh’s College of Arts and Sciences
5. **Roberts, S. R.**, Maheux, A. J., Gotkiewicz, E. M. & Choukas-Bradley, S. (2022, November). *The associations between gender and romantic relationships on young adults' body image and disordered eating* [Brief paper presentation]. The Society for the Scientific Study of Sexuality, Vancouver, BC.
6. **Roberts, S. R.**, Gotkiewicz, E. M., Maheux, A. J., & Choukas-Bradley, S. (2022, June). *Disordered eating during adolescence and emerging adulthood: Synthesizing three studies to highlight appearance-related social media consciousness* [Paper presentation]. International Conference on Eating Disorders, virtual conference.
7. Call, C. C., **Roberts, S. R.**, Emery, R. L., Conlon, R. P. K, Levine, M. D. (2022, April). *Body image concerns are related to perinatal weight gain, stress and depression in women with pre-pregnancy overweight/obesity* [Live Research Spotlight]. Society of Behavioral Medicine, Baltimore, MD.
8. Choukas-Bradley, S., Maheux, A. J., Nesi, J., Galla, B. M., & **Roberts, S. R.** (2022, March). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. In P. Alt (Chair), *The Impact of the COVID-19 Pandemic on Adolescent Emotional Adjustment* [Symposium]. The Society for Research on Adolescence, New Orleans, LA.

9. **Roberts, S. R.**, Maheux, A. J., Watson, R. J., Puhl, R., & Choukas-Bradley, S. (2021, November). LGBTQ-specific factors related to sexual and gender minority adolescents' disordered eating. In A. Convertino (Chair), *Disordered Eating among Sexual and Gender Minority Populations* [Symposium]. Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
10. Karim, S., Maheux, A. J., **Roberts, S. R.**, Choukas-Bradley, S., & Escobar-Viera, C. G. (2021, October). *Exploring usage of social media sites for combating social isolation among rural sexual and gender minority adolescents during the COVID-19 pandemic* [Roundtable presentation]. American Public Health Association Annual Meeting, virtual conference.
11. **Roberts, S. R.**, Hay, P., Bussey, K., Lonergan, A., Trompeter, N., & Mitchison, D. (2021, June). *The role of gender, sexual orientation, and relationship status in Australian adolescents' disordered eating behaviors and cognitions* [Paper presentation]. International Conference on Eating Disorders' Body Image and Prevention SIG Annual Meeting, virtual conference.
 - AWARD: Selected from student submissions to be presented at annual meeting and awarded the "Body Image and Prevention SIG Student Abstract Award"
12. **Roberts, S. R.**, Maheux, A. J., Salk, R., Romito, M., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents* [Paper presentation]. International Conference on Eating Disorders, virtual conference.
 - AWARD: Selected from all conference submissions to be presented in the "Best Paper Category"
13. Choukas-Bradley, S., **Roberts, S. R.**, Maheux, A. J., & Nesi, J. (2021, April). Adolescent girls' social media use, body image, and mental health: Proposing a developmental–sociocultural framework. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives* [Symposium]. Society for Research in Child Development Biennial Meeting, virtual conference.
14. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Galla, B. M., & Choukas-Bradley, S., (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: Advances in gendered nature of children's and adolescents' peer relationships* [Symposium]. Society for Research in Child Development Biennial Meeting, virtual conference.
15. **Roberts, S. R.**, Salk, R. H., Choukas-Bradley, S., Romito, M., Thoma, B. T., & Levine, M. D. (2020, March). *Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
16. Choukas-Bradley, S., Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. T., & Levine, M. D. (2020, March). *Body image and disordered eating among transgender youth: A qualitative investigation* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)

17. Nesi, J., Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck, *Immersion in Social Media: Associations of Preoccupation, Appearance, Selfies, and Comments with Mental and Physical Health* [Symposium]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
18. Remmert, J. E., Convertino, A., **Roberts, S. R.**, Godfrey, K. M., & Butryn, M. L. (2019, March). *The relationship between stigmatizing weight experiences in healthcare, BMI, and eating behaviors* [Paper presentation]. The Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
19. Ciao, A. C., Ohls, O., Pringle, K. D., **Roberts, S. R.**, & Allyn, A. (2016, April). *Should eating disorder prevention be more inclusive? A focus group study of college students* [Paper presentation]. International Conference on Eating Disorders, San Francisco, CA.

INVITED TALKS & PROFESSIONAL PRESENTATIONS

1. **Roberts, S. R.** (2022, May). *Weight Stigma in Clinical Practice*. Invited talk for the Jefferson University Center City Clinic for Behavioral Medicine.
2. **Roberts, S. R.** (2022, April). *The Impact of Social Media on Body Image and Disordered Eating*. Invited talk for LaSalle University Weight & Eating Clinic.
3. **Roberts, S. R.** (2022, April). *Introduction to Body Image and Eating Disorders*. Invited talk for Jefferson University Center City Clinic for Behavioral Medicine.

POSTER PRESENTATIONS (N = 41)

Trainee authors/presenters are underlined

1. **Roberts, S. R.** (2023, March). *LGBTQ+ Adolescents' Disordered Eating: Highlighting LGBTQ-specific factors and describing a novel prevention* [Poster presentation]. University of Pittsburgh Health Disparities and Social Justice Conference, Pittsburgh, PA.
2. **Roberts, S. R.** & Brown, T.A. (2022, September). *The "perfect man:" How perfectionism predicts outcomes in eating disorder prevention for men* [Poster presentation]. Eating Disorder Research Society, Philadelphia, PA.
3. Gillikin, L., Manasse, S.M., **Roberts, S. R.**, Boyajian, L., Drexler, S.A., Juarascio, A.S. (2022, November). *Coping with an emotional rollercoaster: The role of affect lability on the presence of binge eating among sexual and gender minority adults* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, New York City, NY.
4. Call, C. C., **Roberts, S. R.**, Emery, R. L., Conlon, R. P. K, Levine, M. D. (2022, June). *Body image concerns are related to perinatal weight gain, stress and depression in women with pre-pregnancy overweight/obesity* [Poster presentation]. Society of Behavioral Medicine, Baltimore, MD. Pitt Department of Psychiatry Research Day.
5. Escobar-Viera, C., Choukas-Bradley, S., Sidani, J., Maheux, A. J., **Roberts, S. R.**, & Rollman, B. (2022, March). *Exploring the potential of social media for combating social*

- isolation: Online interviews with rural sexual and gender minority youth* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
6. Martino, R. M., **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022, March). *The effect of gender and feminist identity on endorsement of hookup culture among emerging adults* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
 7. Stout, C. D., **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022, March). *Exploring the roles of gender and sexual orientation in young adults' reasoning for not engaging in hookups* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
 8. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Appearance concerns, depressive symptoms, and self-objectification among Black adolescents: Exploring the roles of gender and racial identity* [Poster presentation]. Special Interest Group Exposition at the Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
 9. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Black transgender and gender diverse adolescents' experiences of gender-related stressors and depressive symptomatology* [Poster presentation]. Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
 10. **Roberts, S. R.**, Maheux, A. J., & Choukas-Bradley, S. (2021, November). *Disordered eating among sexual assault survivors: The role of self-objectification during sexual activity* [Poster presentation]. Special Interest Group Exposition at the Association of Behavioral and Cognitive Therapies Annual Meeting, virtual conference.
 - AWARD: Received the best poster award (\$50) from the Obesity and Eating Disorders SIG
 11. Gordon, A. R., Silverstein, S., Lopez, E., **Roberts, S. R.**, Cogan, A., & Calzo, J. P. (2021, September). *What is needed for eating disorder prevention for transgender and gender diverse youth?* [Poster presentation]. Eating Disorder Research Society Annual Meeting, virtual conference.
 12. **Roberts, S. R.**, Maheux, A. J., Widman, L., & Choukas-Bradley, S. (2021, July). *Body comparison as a mediator underlying the longitudinal association between body shame and disordered eating among a diverse sample of U.S. adolescents* [Poster presentation]. Centre for Appearance Research Biennial Meeting, virtual conference.
 13. **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. (2021, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, virtual conference.
 14. Maheux, A. J., **Roberts, S. R.**, Widman, L., Nesi, J., & Choukas-Bradley, S. (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, virtual conference.

15. **Roberts, S. R., Ladd, B. A.,** Maheux, A. J., & Choukas-Bradley, S. (2021, February). *The effect of the thin and muscular ideal on adolescents' body image* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, virtual conference.
16. **Ladd, B. A., Roberts, S. R.,** Maheux, A. J., Bryen, C. P., Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & Choukas-Bradley, S. (2020, November). *Exploring sexual behavior and attraction of LGBTQ+ adolescents with bipolar disorder: A qualitative analysis* [Poster presentation]. Society for the Scientific Study of Sexuality Annual Meeting, virtual conference.
17. **Roberts, S. R., Ladd, B. A.,** Maheux, A. J., & Choukas-Bradley, S. (2020, November). *Gender differences in body image disturbances in adolescents: Implications for the tripartite influence model of body image* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.
18. **Roberts, S. R.,** Salk, R. H., Romito, M., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2020, November). *Associations among disordered eating, transition milestones, and gender identity congruence in a nationwide U.S. sample of gender minority adolescents* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.
19. **Rezeppa T. L.,** Choukas-Bradley S., Maheux A. J, **Roberts S. R.,** Salk R. H., Thoma B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women* [Poster presentation]. Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, D.C.
20. Romito, M., Salk, R. H., **Roberts, S. R.,** Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2020, April). *Exploring transgender adolescents' body image concerns and disordered eating* [Poster presentation]. Midwestern Psychological Association Annual Meeting, Chicago, IL. (Conference canceled due to COVID-19)
21. **Roberts, S.R.,** Maheux, A. J., Bryen, C. P., Carrino, E. A., Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference canceled due to COVID-19)
 - AWARD: Received the Society for Research on Adolescence's Student Poster Award
22. Butryn, M. L., Godfrey, K. M., **Roberts, S. R.,** Martinelli, M. K., Forman, E. M., & Zhang, F. (2019, November). *Digital self-monitoring in behavioral weight loss: Adherence and association with outcomes* [Poster presentation]. The Obesity Society Annual Meeting, Las Vegas, NV.
23. Arigo, D., Brown, M. M., **Roberts, S. R.,** Mogle, J., Pasko, K., Butryn, M. L., & Symons Downs, D. (2019, March). *Examining differences between accelerometer cut point methods among midlife women with cardiovascular risk markers: A two-study approach* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.

24. Butryn, M. L., Forman, E. M., Zhang, F., **Roberts, S. R.**, & Godfrey, K. (2019, March). *An experimental test of physical activity promotion during weight loss maintenance* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
25. Martinez, M., **Roberts, S. R.**, Call, C. C., & Butryn, M. L. (2019, March). *Is greater variety in type of physical activity associated with greater amount of exercise during behavioral weight loss?* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
26. **Roberts, S. R.**, Colao, C. F., Call, C. C., & Butryn, M. L. (2019, March). *Hedonic hunger: Association with eating behavior and depression* [Poster presentation]. International Conference on Eating Disorders, New York, NY.
27. **Roberts, S. R.**, Rysdon, B., Colao, C. F., Bell, A. E., & Butryn, M. L. (2019, March). *Increasing enjoyment of physical activity through behavioral weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
28. Call, C. C., **Roberts, S. R.**, Schumacher, L. M., Remmert, J. E., Kerrigan, S. G., & Butryn, M. L. (2018, November). *Barriers to physical activity throughout behavioral weight loss* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, DC.
29. **Roberts, S. R.**, Colao, C. F., & Butryn, M. L. (2018, November). *The role of hedonic hunger in behavioral weight loss* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, DC.
30. Call, C. C., Sininsky, S M., Convertino, A. D., **Roberts, S. R.**, & Butryn, M. L. (2018, August). *Behavioral and psychological factors that counteract physical activity during behavioral weight loss* [Poster presentation]. American Psychological Association Annual Meeting, San Francisco, CA.
31. Butryn, M. L., Zhang, F., Remmert, J. E., **Roberts, S. R.**, & Forman, E. M. (2018, April). *Baseline executive functioning predicts weight loss and physical activity outcomes in a lifestyle modification program* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
32. Call, C. C., Piers, A. D., Wyckoff, E. P., **Roberts, S. R.**, Lowe, M. R., Forman, E. M., & Butryn, M. L. (2018, April). *Weight suppression in behavioral weight loss: relationship to weight loss and treatment satisfaction* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
33. Chandler, M., **Roberts, S. R.**, Sturm, M., Wilson, M., & Ciao, A. C. (2018, April). *The effects of body positive advertisement campaigns* [Poster presentation]. International Conference on Eating Disorders, Chicago, IL.
34. Remmert, J. E., **Roberts, S. R.**, Tsai, A. G., & Butryn, M. L. (2018, April). *Communication between patient and primary care physician after lifestyle modification* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

35. **Roberts, S. R.**, Remmert, J. E., Convertino, A. D., & Butryn, M. L. (2018, April). *Hedonic hunger as a potential barrier to success in behavioral weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
36. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2018, April). *Gender differences in the awareness of anorexia nervosa and weight loss behaviors among college students* [Poster presentation]. International Conference on Eating Disorders, Chicago, IL.
37. **Sininsky, S. M.**, **Roberts, S. R.**, Call, C. C., Forman, E. M., & Butryn, M. L. (2018, April). *Enjoyment of physical activity as a predictor of greater weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
38. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2017, April). *Influence of gender on assessment of anorexia nervosa* [Poster presentation]. Western Psychological Association Annual Meeting, Sacramento, CA.
39. Chandler, M., **Roberts, S. R.**, Ciao, A. C., Sturm, M., Allyn, A. (2017, April). *The effects of body positive advertisement campaigns* [Poster presentation]. Western Psychological Association Annual Meeting, Sacramento, CA.
40. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2017, March). *Influence of gender on the perception of anorexia nervosa* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.
41. **Roberts, S. R.**, & Czopp, A. M. (2016, March). *La mujer ideal: Cross-cultural differences in sexism in Spain & the United States* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, San Diego, CA.

RESEARCH EXPERIENCE

- 08/2019 – present **Graduate Research Assistant**
Teen and Young Adult Lab, University of Pittsburgh
 PI: Sophia Choukas-Bradley, Ph.D.
- 07/2017 – 07/2019 **Research Coordinator**
Center for Weight, Eating, and Lifestyle Science, Drexel University
 PI: Meghan L. Butryn, Ph.D.
- 09/2015 – 06/2018 **Independent Senior Honors Thesis**
Psychology and Honors Departments, Western Washington University
 Honors Thesis: Influence of Gender on the Perception of Anorexia
 Advisors: Anna C. Ciao, Ph.D. & Alexander M. Czopp, Ph.D.
- 06/2015 – 07/2017 **Research Assistant**
Eating & Body Image Lab, Western Washington University
 PI: Anna C. Ciao, Ph.D.
- 06/2014 – 07/2017 **Research Assistant**
Prejudice & Discrimination Lab, Western Washington University
 PI: Alexander M. Czopp, Ph.D.

CLINICAL EXPERIENCE

- 08/2022 – present **University of Pittsburgh Medical Center**, Center for Eating Disorders
Practicum Student | Supervisor: Rachel Kolko Conlon, Ph.D.
- *Setting*: partial hospitalization program, intensive outpatient program; group therapy for adolescents and young adults (large proportion LGBTQ+) experiencing anorexia nervosa, bulimia nervosa, binge eating disorder, and other feeding and eating disorders
 - *Treatment modalities*: cognitive behavioral therapy for eating disorders (CBT-E); dialectical behavior therapy (DBT)
- 07/2021 – 07/2022 **Jefferson University**, Center City Clinic for Behavioral Medicine
Practicum Student | Supervisor: C. Virginia O’Hayer, Ph.D.
- *Setting*: full-model outpatient DBT program; individual and group therapy for Medicaid-eligible patients experiencing emotion dysregulation, self-harm, suicidality, and eating disorders
 - *Treatment modalities*: dialectical behavior therapy (DBT), radically-open dialectical behavior therapy (RO-DBT), and acceptance and commitment therapy (ACT)
- 11/2020 – 06/2022 **Drexel University**, Center for Weight, Eating, and Lifestyle Science
Practicum Student | Supervisor: Adrienne Juarascio, Ph.D.
- *Setting*: 16-week individual therapy program for adults with bulimia nervosa (BN) or binge eating disorder (BED)
 - *Treatment modalities*: mindfulness and acceptance-based behavioral treatments (MABTs) that utilize mindful awareness, distress tolerance, emotion modulation, and values-based decision making
- 08/2020 – 06/2021 **University of Delaware**, Psychological Services Training Center
Practicum Student | Supervisor: Timothy Fowles, Ph.D.
- *Setting*: outpatient program; in-house university clinic for patients ranging from school-aged clinic to adults
 - *Treatment modalities*: cognitive behavioral therapy (CBT); intelligence and academic testing using standardized psychometric examinations
- 01/2018 – 12/2018 **Drexel University**, Center for Weight, Eating, and Lifestyle Science
Group Interventionist | Supervisor: Meghan Butryn, Ph.D.
- *Setting*: group therapy to adults with overweight and obesity
 - *Treatment modalities*: behavioral weight loss treatment
- 03/2015 – 06/2016 **Western Washington University**, Eating and Body Image Lab
Group Interventionist | Supervisor: Anna Ciao, Ph.D.
- *Setting*: group body image intervention for college students

- *Treatment modalities: gender- and LGBTQ- inclusive adaptation of the Body Project*

TEACHING EXPERIENCE

Spring 2023	Guest Lecturer <i>Adolescent Development</i> University of Pittsburgh, Department of Psychology
Winter 2022	Instructor of Record <i>Adolescent Development</i> University of Delaware, Department of Psychology
Winter 2021	Guest Lecturer Graduate Seminar: Introduction to Eating Disorders Hofstra University, Department of Psychology
Spring 2019 Fall 2018 Summer 2018	GRE Instructor <i>Kaplan Test Preparation</i>
Summer 2018	Guest Lecturer <i>Introduction to Abnormal Psychology</i> Drexel University, Department of Psychology
Winter 2018	Teaching Assistant <i>Psychology of Eating Disorders & Obesity</i> Drexel University, Department of Psychology
Spring 2016	Teaching Assistant <i>Introduction to Abnormal Psychology</i> Western Washington University, Department of Psychology
Fall 2015	Teaching Assistant <i>Introduction to Social Psychology</i> Western Washington University, Department of Psychology
Spring 2015	Teaching Assistant <i>Introduction to Psychology</i> Western Washington University, Department of Psychology

EDITORIAL & REVIEWING EXPERIENCE

Guest Editor

2023 – Present	<i>Eating Disorders: The Journal of Treatment and Prevention</i> (Special Issue) A Proud Step Forward: Advancing Research on Body Image and Disordered Eating among LGBTQ+ Populations Co-Editors: Savannah R. Roberts, Tiffany A. Brown
2022 – Present	<i>Eating Behaviors</i> (Special Issue)

The Influence of Social Media on Body Image and Disordered Eating
Co-Editors: Savannah R. Roberts, Tiffany A. Brown

Ad-hoc Reviewing

International Journal of Eating Disorders; Body Image; Eating Disorders: The Journal of Treatment and Prevention; Eating and Weight Disorders; Eating Behaviors; Journal of Adolescence; Psychology of Women Quarterly; Psychology of Popular Media; Journal of American College Health; Sex Roles; Journal of Obesity

PROFESSIONAL SERVICE

Director	<p><i>Getting into Grad School: Applying to PhD Programs in Clinical Psychology</i></p> <ul style="list-style-type: none"> • Assist cohort of applicants ($N = 93$) interested in applying to PhD programs in Clinical Psychology to study body image and eating disorders; participants unanimously recommended the program. • Offer monthly meetings, feedback on materials, practice interviews, and mentorship • Learn more at www.clinicalpsychphd.com
Co-Chair	<p><i>Academy for Eating Disorders</i> Body Image & Prevention SIG</p> <ul style="list-style-type: none"> • Organize conference submissions • Lead monthly meetings
Subcommittee Leader	<p><i>Academy for Eating Disorders</i> Early Career SIG, Diversity Task Force</p> <ul style="list-style-type: none"> • Organized series of webinars advising students interested in applying to graduate school in psychology • Past webinars were attended by over 300+ prospective applicants • Written guides posted after webinar were accessed by 3,500+ prospective applicants

MENTORSHIP

2022	<p>Undergraduate Senior Thesis Advisor <i>University of Delaware</i></p> <p><u>Student:</u> Emily Gotkiewicz, B.S. Received the departmental Psychology Research Award, awarded to one graduating senior</p>
2018 - present	<p>Undergraduate and Postbaccalaureate Research Mentor <i>University of Pittsburgh; University of Delaware</i></p> <p><u>Students:</u> Basia Silverberg (2022-2023); Brianna Ladd (2019-2022); Emily Gotkiewicz (2021-2022); Alexa Rial (2021); Julia Friedman (2019); Kendra Plummer (2019); Cara Colao (2018); Brooke Rysdon (2018)</p>
2018 – present	<p>Mentor: Graduate School and Postbaccalaureate Applications <i>University of Pittsburgh; University of Delaware; American Psychological Association, Div. 53; Academy for Eating Disorders, Early Career SIG; Next Generation Scholars Program</i></p>

Applications to graduate school: Brianna Ladd (2022; accepted to PhD program); Mikaela Bubna (2022; accepted to PhD program); Laura Boyajian (2022; accepted to PhD program); Lindsay Gillikin (2022; accepted to PhD program); Camille Garnsey (2021; accepted to PhD program); Laura D'Adamo (2021; accepted to PhD program); Noelle Marousis (2021; accepted to PhD program)

Applications for postbaccalaureate positions: Laura Boyajian (2020); Haley Henry (2020); Sarah Drexler (2020); Kendra Plummer (2020); Megan Kundra (2020); Cara Colao (2018)

PROFESSIONAL AFFILIATIONS

2016 – present	Academy for Eating Disorders
2019 – present	Society for Research on Adolescence
2019 – present	American Psychological Association
2019 – present	Division 53: Society of Clinical Child and Adolescent Psychology
2019 – present	Association for Psychological Science
2019 – present	Society for the Science of Clinical Psychology
2018 – present	Association for Behavioral and Cognitive Therapies