

SAVANNAH R. ROBERTS, B.S.

CURRICULUM VITAE

University of Delaware

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EDUCATION

- 08/2020 – present **Ph.D. Student in Clinical Science & Developmental Psychology**
University of Delaware, Department of Psychological and Brain Sciences
Newark, DE
Advisor: Dr. Sophia Choukas-Bradley | Teen and Young Adult Lab
- 08/2019 – 08/2020 **Ph.D. Student in Clinical Psychology & Developmental Psychology**
University of Pittsburgh, Department of Psychology
Pittsburgh, PA
Advisor: Dr. Sophia Choukas-Bradley
- 09/2012 – 06/2016 **B.S. Psychology with Honors, *magna cum laude***
B.A. Spanish with Honors, *magna cum laude*
Western Washington University, Department of Psychology
University Honors Program
Bellingham, WA
Honors Thesis: The Influence of Gender on the Perception of Anorexia
- 09/2014 – 12/2014 Universidad Pablo de Olavide (Study Abroad)
Seville, Spain
Language, Business, and Applied Social Sciences Concentration

AWARDED GRANTS & FELLOWSHIPS

- 2020 – 2023 **National Science Foundation Graduate Research Fellowship**
Transgender and Cisgender Adolescents' Body Dissatisfaction: Using Eye-Tracking and Growth Curve Modeling to Elucidate a Novel, Gender-Inclusive Model
Total Funds: \$138,000
- 2021 – 2022 **Co-Investigator**
Understanding Gendered Racial Identity Among Black Young Women: Qualitative Interviews Exploring Body Image, Sexuality, & Mental Health
PI: Sophia Choukas-Bradley, Ph.D.
University of Delaware Women's Studies Faculty Research Award
Total Funds: \$4,972

- 2020 – 2021 **Principal Investigator**
Project DAISY: Disordered Eating, Academics, Identity, and Sexual Experiences among Young Adults
 Co-PI: Anne J. Maheux, M.S.
 Advisor: Sophia Choukas-Bradley, Ph.D.
 American Psychological Association/Psi Chi Junior Scientist Fellowship
 Total Funds: \$1,000
- 2019 – 2020 **University of Pittsburgh Arts & Sciences Fellowship**
 Total Funds: \$23,500

HONORS, SCHOLARSHIPS, AND AWARDS

- 2021 Academy for Eating Disorders RSH Scholarship (\$1,500)
 2021 ABCT Obesity and Eating Disorders SIG Best Poster Award (\$50)
 2021 Academy for Eating Disorders Presentation in Best Paper Category
 2021 Academy for Eating Disorders Body Image/Prevention Student Abstract Award
 2020 Society for Research on Adolescence Student Poster Award
 2020 Society for Research on Adolescence Emerging Scholars Travel Award (\$200)
 2014 Academic Programs International Affiliate Scholarship (\$150)
 2012 – 2016 Western Undergraduate Exchange Scholarship (\$35,000)
 2012 – 2016 Western Foundation Distinguished Scholar (\$2,000)
 2012 – 2016 Western Washington University Merit Scholarship (\$8,000)
 2012 Western Foundation Annual Scholarship (\$2,000)
 2012 Bowman Family Distinguished Scholarship (\$1,000)

PUBLICATIONS IN PEER-REVIEWED JOURNALS (N = 21)

1. Carrino, E. A., Bryen, C. P., Maheux, A. J., Stewart, J. L., **Roberts, S. R.**, Widman, L., & Choukas-Bradley, S. (in press). Empowered activists or entitled whiners? A thematic analysis of U.S. adolescents' definitions of "feminist" in a diverse, mixed-gender sample. *Sex Roles*.
2. Maheux, A. J., **Roberts, S. R.**, Widman, L., Nesi, J., & Choukas-Bradley, S. (in press). Longitudinal associations between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence*.
3. Arigo, D., **Roberts, S. R.**, & Butryn, M. L. (2021). Social comparisons between group members during behavioural weight loss treatment: Comparison direction, scale, and associations with weight loss maintenance. *Psychology & Health*. Advance online publication. <https://doi.org/10.1080/08870446.2021.1967953>
4. Ciao, A. C., Munson, B. R., Pringle, K. D., **Roberts, S. R.**, Lalgee, I. A., Lawley, K. A., & Brewster, J. (2021). Inclusive dissonance-based body image interventions for college students: Two randomized-controlled trials of the EVERYbody Project. *Journal of Consulting and Clinical Psychology*, 89(4), 301-315. <https://doi.org/10.1037/ccp0000636>

5. Gorrell, S., Hughes, E.K., Sawyer, S., **Roberts, S. R.**, Nagata, J., Yeo, M., Lock, J., & Le Grange, D. (2021). Gender-based clinical differences in evidence-based treatment for adolescent anorexia nervosa: Analysis of aggregated randomized controlled trials. *Eating and Weight Disorders*. Advance online publication. <https://doi.org/10.1007/s40519-021-01257-7>
6. Maheux, A. J., Nesi, J., **Roberts, S. R.**, Galla, B. M., & Choukas-Bradley, S. (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence*, 31(3), 734-747. <https://doi.org/10.1111/jora.12650>
7. Maheux, A. J., **Roberts, S. R.**, Evans, R., Widman, L., & Choukas-Bradley, S. (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image*, 37, 89-93. <https://doi.org/10.1016/j.bodyim.2021.01.014>
8. Nesi, J., Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Sanzari, C., Widman, L., & Prinstein, M. J. (2021). Selfie appearance investment and peer feedback concern: Multi-method investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*. Advance online publication. <https://doi.org/10.1037/ppm0000342>
9. Rezeppa, T. L., **Roberts, S. R.**, Maheux, A. J., Choukas-Bradley, S., Salk, R. H., & Thoma, B. C. (2021). Psychosocial correlates of body esteem and disordered eating among sexual minority adolescent girls. *Body Image*, 39, 184-193. <https://doi.org/10.1016/j.bodyim.2021.08.007>
10. **Roberts, S. R.**, Salk, R. H., Thoma, B. C., Romito, M., Levine, M. D., Choukas-Bradley, S. (2021). Disparities in disordered eating between gender minority and cisgender adolescents. *International Journal of Eating Disorders*, 54(7), 1135-1146. <https://doi.org/10.1002/eat.23494>
11. Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2021). Exploring transgender adolescents' body image concerns and disordered eating: Semi-structured interviews with nine gender minority youth. *Body Image*, 37, 50-62. <https://doi.org/10.1016/j.bodyim.2021.01.008>
12. Arigo, D., Mogle, J.A., Brown, M.M., **Roberts, S. R.**, Pasko, K., Butryn, M.L., & Symons Downs, D. (2020). Differences between accelerometer cut point methods among midlife women with cardiovascular risk markers. *Menopause*, 27(5), 559-567. <https://doi.org/10.1097/GME.0000000000001498>
13. Butryn, M. L., Godfrey, K. M., Martinelli, M. K., **Roberts, S. R.**, Forman, E. F., & Zhang, F. (2020). Digital self-monitoring: does adherence or association with outcomes differ by self-monitoring target? *Obesity Science & Practice*, 6(2), 126-133. <https://doi.org/10.1002/osp4.391>

14. Butryn, M. L., Martinelli, M. K., Godfrey, K. M., **Roberts, S. R.**, Zhang, F., & Forman, E. M. (2020). Counselor surveillance of digital self-monitoring data: A pilot randomized controlled trial. *Obesity*, 28(12), 2339-2346. <https://doi.org/10.1002/oby.23015>
15. Call, C. C., **Roberts, S. R.**, Schumacher, L. M., Remmert, J. E., Kerrigan, S. G., & Butryn, M. L. (2020). Perceived barriers to physical activity during and after a behavioral weight loss program. *Obesity Science and Practice*, 6(1), 10-18. <https://doi.org/10.1002/osp4.373>
16. Choukas-Bradley, S., Hipwell, A. E., **Roberts, S. R.**, Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, 48, 1649-1658. <https://doi.org/10.1007/s10802-020-00699-4>
17. Butryn, M. L., Martinelli, M. K., Remmert, J. E., **Roberts, S. R.**, Zhang, F., Forman, E. M., & Manasse, S. M. (2019). Executive functioning as a predictor of weight loss and physical activity outcomes. *Annals of Behavioral Medicine*, 53(10), 909-917. <https://doi.org/10.1093/abm/kaz001>
18. Godfrey, K. M., Butryn, M. L., Forman, E. M., Martinez, M., **Roberts, S. R.**, & Sherwood, N. E. (2019). Depressive symptoms, psychological flexibility, and binge eating in individuals seeking behavioral weight loss treatment. *Journal of Contextual Behavioral Science*, 14, 50-54. <https://doi.org/10.1016/j.jcbs.2019.09.005>
19. Remmert, J. E., Convertino, A. D., **Roberts, S. R.**, Godfrey, K. M., & Butryn, M. L. (2019). Stigmatizing weight experiences in healthcare: Associations with BMI and eating behaviors. *Obesity Science & Practice*, 5(6), 555-563. <https://doi.org/10.1002/osp4.379>
20. Remmert, J. E., Tsai, A. G., **Roberts, S. R.**, & Butryn, M. L. (2019). Communication between patients and primary care physicians after behavioral weight loss. *Primary Health Care Research & Development*, 20, E75. <https://doi.org/10.1017/S1463423619000124>
21. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2018). Influence of gender on the evaluation of anorexia nervosa. *International Journal of Eating Disorders*, 51(10), 1162-1167. <https://doi.org/10.1002/eat.22917>

INVITED CHAPTERS (N = 2)

1. **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (in press). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge, England: Cambridge University Press.
2. Nesi, J., Dredge, R., Maheux, A. J., **Roberts, S. R.**, Fox, K. A., & Choukas-Bradley, S. (in press). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.

MANUSCRIPTS UNDER REVIEW (N = 7)

1. **Roberts, S. R.**, Maheux, A. J., Hunt, R. A., Ladd, B. A., & Choukas-Bradley, S. (manuscript invited for resubmission). Incorporating social media and muscular ideal internalization into the tripartite influence model of body image: Towards a modern understanding of adolescent girls' body dissatisfaction.
2. **Roberts, S. R.**, Maheux, A. J., Watson, R. J., Puhl, R., & Choukas-Bradley, S. (manuscript invited for resubmission). Sexual and gender minority (SGM) adolescents' disordered eating: Understanding general and SGM-specific risk and protective factors.
3. Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. S. (manuscript invited for resubmission). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in adolescent girls during COVID-19.
4. Choukas-Bradley, S., **Roberts, S. R.**, Maheux, A. J., & Nesi, J. (manuscript under review). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health.
5. Escobar-Viera, C., Choukas-Bradley, S., Sidani, J., Maheux, A. J., **Roberts, S. R.**, & Rollman, B. (manuscript under review). Exploring the potential of social media for combating social isolation: Online interviews with rural sexual and gender minority youth.
6. Karim, S., Choukas-Bradley, S., Radovic, A. **Roberts, S. R.**, Maheux, A. J., & Escobar-Viera, C. (manuscript under review). Support-seeking over social media among rural sexual and gender (SGM) youth: Opportunities for intervention research.
7. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, & Choukas-Bradley, S. (manuscript invited for resubmission). Black adolescents' appearance concerns, depression, and self-objectification: Exploring the role of racial identity.

MANUSCRIPTS IN PREPARATION (N = 5)

1. **Roberts, S. R.**, Chandler, M., Wilson, M., & Ciao, A. C. (in preparation). Comparing the effect of objectifying and body positive media on young women's body image: Implications for the Body Positive Movement.
2. **Roberts, S. R.**, Hay, P., Bussey, K., Lonergan, A., Trompeter, N., & Mitchison, D. (in preparation). The role of gender, sexual orientation, and relationship status in Australian adolescents' disordered eating behaviors and cognitions.
3. **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (in preparation). Gender minority adolescents' perceptions of feminism.
4. Choukas-Bradley, S., Salk, R. H., Maheux, A. J., **Roberts, S. R.**, & Thoma, B. C. (in preparation). Body image and self-objectification among sexual and gender minority adolescents.

5. Gordon, A. R., **Roberts, S. R.**, Fox, W., Rose, K., Edison, R., Silverstein, S., Reisner, S. L., & Calzo, J. P. (in preparation). What is needed for eating disorder prevention for transgender and gender diverse youth? Findings from asynchronous online focus groups.

ORAL PRESENTATIONS (N = 12)

1. Call, C. C., **Roberts, S. R.**, Emery, R. L., Conlon, R. P. K, Levine, M. D. (2022, April). *Body image concerns are related to perinatal weight gain, stress and depression in women with pre-pregnancy overweight/obesity* [Live Research Spotlight]. 43rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
2. **Roberts, S. R.**, Maheux, A. J., Watson, R. J., Puhl, R., & Choukas-Bradley, S. (2021, November). LGBTQ-specific factors related to sexual and gender minority adolescents' disordered eating. In A. Convertino (Chair), *Disordered Eating among Sexual and Gender Minority Populations* [Symposium]. Association of Behavioral and Cognitive Therapies Annual Meeting, New Orleans, LA.
3. Karim, S., Maheux, A. J., **Roberts, S. R.**, Choukas-Bradley, S., & Escobar-Viera, C. G. (2021, October). *Exploring usage of social media sites for combating social isolation among rural sexual and gender minority adolescents during the COVID-19 pandemic* [Roundtable presentation]. American Public Health Association Annual Meeting, virtual conference.
4. **Roberts, S. R.**, Hay, P., Bussey, K., Lonergan, A., Trompeter, N., & Mitchison, D. (2021, June). *The role of gender, sexual orientation, and relationship status in Australian adolescents' disordered eating behaviors and cognitions* [Paper presentation]. International Conference of Eating Disorders' Body Image and Prevention SIG Annual Meeting, virtual conference.
 - AWARD: Selected from student submissions to be presented at annual meeting and awarded the "Body Image and Prevention SIG Student Abstract Award"
5. **Roberts, S. R.**, Maheux, A. J., Salk, R., Romito, M., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents* [Paper presentation]. International Conference of Eating Disorders Annual Meeting, virtual conference.
 - AWARD: Selected from all conference submissions to be presented in the "Best Paper Category"
6. Choukas-Bradley, S., **Roberts, S. R.**, Maheux, A. J., & Nesi, J. (2021, April). Adolescent girls' social media use, body image, and mental health: Proposing a developmental–sociocultural framework. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives* [Symposium]. Society for Research in Child Development Biennial Meeting, virtual conference.
7. Maheux, A. J., **Roberts, S. R.**, Nesi, J., Galla, B. M., & Choukas-Bradley, S., (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: Advances in gendered*

nature of children's and adolescents' peer relationships [Symposium]. Society for Research in Child Development Biennial Meeting, virtual conference.

8. **Roberts, S. R.**, Salk, R. H., Choukas-Bradley, S., Romito, M., Thoma, B. T., & Levine, M. D. (2020, March). *Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
9. Choukas-Bradley, S., Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. T., & Levine, M. D. (2020, March). *Body image and disordered eating among transgender youth: A qualitative investigation* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
10. Nesi, J., Choukas-Bradley, S., Maheux, A. J., **Roberts, S. R.**, Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck, *Immersion in Social Media: Associations of Preoccupation, Appearance, Selfies, and Comments with Mental and Physical Health* [Symposium]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (conference canceled due to COVID-19)
11. Remmert, J. E., Convertino, A., **Roberts, S. R.**, Godfrey, K. M., & Butryn, M. L. (2019, March). *The relationship between stigmatizing weight experiences in healthcare, BMI, and eating behaviors* [Paper presentation]. The Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
12. Ciao, A. C., Ohls, O., Pringle, K. D., **Roberts, S. R.**, & Allyn, A. (2016, April). *Should eating disorder prevention be more inclusive? A focus group study of college students* [Paper presentation]. International Conference on Eating Disorders, San Francisco, CA.

POSTER PRESENTATIONS (N = 38)

1. **Roberts, S. R.**, Gotkiewicz, E. M., Maheux, A. J., & Choukas-Bradley, S. (2022, June). *Disordered eating during adolescence and emerging adulthood: Synthesizing three studies to highlight appearance-related social media consciousness* [Poster presentation]. Submitted for presentation at the International Conference on Eating Disorders, Monterrey, Mexico.
2. Escobar-Viera, C., Choukas-Bradley, S., Sidani, J., Maheux, A. J., **Roberts, S. R.**, & Rollman, B. (2022, March). *Exploring the potential of social media for combating social isolation: Online interviews with rural sexual and gender minority youth* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
3. Martino, R. M., **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022, March). *The effect of gender and feminist identity on endorsement of hookup culture among emerging adults* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.

4. Stout, C. D., **Roberts, S. R.**, Maheux, A. J., Ladd, B. A., & Choukas-Bradley, S. (2022, March). *Exploring the roles of gender and sexual orientation in young adults' reasoning for not engaging in hookups* [Poster presentation]. Society for Research on Adolescence biennial meeting, New Orleans, LA.
5. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Appearance concerns, depressive symptoms, and self-objectification among Black adolescents: Exploring the roles of gender and racial identity* [Poster presentation]. Special Interest Group Exposition at the Association of Behavioral and Cognitive Therapies Annual Meeting, New Orleans, LA.
6. Ladd, B. A., Maheux, A. J., **Roberts, S. R.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Black transgender and gender diverse adolescents' experiences of gender-related stressors and depressive symptomatology* [Poster presentation]. Association of Behavioral and Cognitive Therapies Annual Meeting, New Orleans, LA.
7. **Roberts, S. R.**, Maheux, A. J., & Choukas-Bradley, S. (2021, November). *Disordered eating among sexual assault survivors: The role of self-objectification during sexual activity* [Poster presentation]. Special Interest Group Exposition at the Association of Behavioral and Cognitive Therapies Annual Meeting, New Orleans, LA.
 - AWARD: Received the Best Poster Award (\$50) from the Obesity and Eating Disorders Special Interest Group
8. Gordon, A. R., Silverstein, S., Lopez, E., **Roberts, S. R.**, Cogan, A., & Calzo, J. P. (2021, September). *What is needed for eating disorder prevention for transgender and gender diverse youth?* [Poster presentation]. Eating Disorder Research Society Annual Meeting, Boston, MA.
9. **Roberts, S. R.**, Maheux, A. J., Widman, L., & Choukas-Bradley, S. (2021, July). *Body comparison as a mediator underlying the longitudinal association between body shame and disordered eating among a diverse sample of U.S. adolescents* [Poster presentation]. Centre for Appearance Research Biennial Meeting, virtual conference.
10. **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. (2021, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, virtual conference.
11. Maheux, A. J., **Roberts, S. R.**, Widman, L., Nesi, J., & Choukas-Bradley, S. (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, virtual conference.
12. **Roberts, S. R.**, Ladd, B. A., Maheux, A. J., & Choukas-Bradley, S. (2021, February). *The effect of the thin and muscular ideal on adolescents' body image* [Poster presentation].

presentation]. Society for Personality and Social Psychology Annual Meeting, virtual conference.

13. Ladd, B. A., **Roberts, S. R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & Choukas-Bradley, S. (2020, November). *Exploring sexual behavior and attraction of LGBTQ+ adolescents with bipolar disorder: A qualitative analysis* [Poster presentation]. Society for the Scientific Study of Sexuality Annual Meeting, virtual conference.
14. **Roberts, S. R.**, Ladd, B. A., Maheux, A. J., & Choukas-Bradley, S. (2020, November). *Gender differences in body image disturbances in adolescents: Implications for the tripartite influence model of body image* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.
15. **Roberts, S. R.**, Salk, R. H., Romito, M., Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2020, November). *Associations among disordered eating, transition milestones, and gender identity congruence in a nationwide U.S. sample of gender minority adolescents* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.
16. Rezeppa T. L., Choukas-Bradley S., Maheux A. J, **Roberts S. R.**, Salk R. H., Thoma B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women* [Poster presentation]. Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, D.C.
17. Romito, M., Salk, R. H., **Roberts, S. R.**, Thoma, B. C., Levine, M. D., & Choukas-Bradley, S. (2020, April). *Exploring transgender adolescents' body image concerns and disordered eating* [Poster presentation]. Midwestern Psychological Association Annual Meeting, Chicago, IL. (Conference canceled due to COVID-19)
18. **Roberts, S.R.**, Maheux, A. J., Bryen, C. P., Carrino, E. A., Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference canceled due to COVID-19)
 - AWARD: Received the Society for Research on Adolescence's Student Poster Award
19. Butryn, M. L., Godfrey, K. M., **Roberts, S. R.**, Martinelli, M. K., Forman, E. M., & Zhang, F. (2019, November). *Digital self-monitoring in behavioral weight loss: Adherence and association with outcomes* [Poster presentation]. The Obesity Society Annual Meeting, Las Vegas, NV.
20. Arigo, D., Brown, M. M., **Roberts, S. R.**, Mogle, J., Pasko, K., Butryn, M. L., & Symons Downs, D. (2019, March). *Examining differences between accelerometer cut point methods among midlife women with cardiovascular risk markers: A two-study approach* [Poster

presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.

21. Butryn, M. L., Forman, E. M., Zhang, F., **Roberts, S. R.**, & Godfrey, K. (2019, March). *An experimental test of physical activity promotion during weight loss maintenance* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
22. Martinez, M., **Roberts, S. R.**, Call, C. C., & Butryn, M. L. (2019, March). *Is greater variety in type of physical activity associated with greater amount of exercise during behavioral weight loss?* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
23. **Roberts, S. R.**, Colao, C. F., Call, C. C., & Butryn, M. L. (2019, March). *Hedonic hunger: Association with eating behavior and depression* [Poster presentation]. International Conference on Eating Disorders, New York, NY.
24. **Roberts, S. R.**, Rysdon, B., Colao, C. F., Bell, A. E., & Butryn, M. L. (2019, March). *Increasing enjoyment of physical activity through behavioral weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
25. Call, C. C., **Roberts, S. R.**, Schumacher, L. M., Remmert, J. E., Kerrigan, S. G., & Butryn, M. L. (2018, November). *Barriers to physical activity throughout behavioral weight loss* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, DC.
26. **Roberts, S. R.**, Colao, C. F., & Butryn, M. L. (2018, November). *The role of hedonic hunger in behavioral weight loss* [Poster presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, DC.
27. Call, C. C., Sininsky, S., Convertino, A. D., **Roberts, S. R.**, & Butryn, M. L. (2018, August). *Behavioral and psychological factors that counteract physical activity during behavioral weight loss* [Poster presentation]. American Psychological Association Annual Meeting, San Francisco, CA.
28. Butryn, M. L., Zhang, F., Remmert, J. E., **Roberts, S. R.**, & Forman, E. M. (2018, April). *Baseline executive functioning predicts weight loss and physical activity outcomes in a lifestyle modification program* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
29. Call, C. C., Piers, A. D., Wyckoff, E. P., **Roberts, S. R.**, Lowe, M. R., Forman, E. M., & Butryn, M. L. (2018, April). *Weight suppression in behavioral weight loss: relationship to weight loss and treatment satisfaction* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

30. Chandler, M., **Roberts, S. R.**, Sturm, M., Wilson, M., & Ciao, A. C. (2018, April). *The effects of body positive advertisement campaigns* [Poster presentation]. International Conference on Eating Disorders, Chicago, IL.
31. Remmert, J. E., **Roberts, S. R.**, Tsai, A. G., & Butryn, M. L. (2018, April). *Communication between patient and primary care physician after lifestyle modification* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
32. **Roberts, S. R.**, Remmert, J. E., Convertino, A. D., & Butryn, M. L. (2018, April). *Hedonic hunger as a potential barrier to success in behavioral weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
33. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2018, April). *Gender differences in the awareness of anorexia nervosa and weight loss behaviors among college students* [Poster presentation]. International Conference on Eating Disorders, Chicago, IL.
34. Sininsky, S. M., **Roberts, S. R.**, Call, C. C., Forman, E. M., & Butryn, M. L. (2018, April). *Enjoyment of physical activity as a predictor of greater weight loss* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
35. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2017, April). *Influence of gender on assessment of anorexia nervosa* [Poster presentation]. Western Psychological Association Annual Meeting, Sacramento, CA.
36. Chandler, M., **Roberts, S. R.**, Ciao, A. C., Sturm, M., Allyn, A. (2017, April). *The effects of body positive advertisement campaigns* [Poster presentation]. Western Psychological Association Annual Meeting, Sacramento, CA.
37. **Roberts, S. R.**, Ciao, A. C., & Czopp, A. M. (2017, March). *Influence of gender on the perception of anorexia nervosa* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.
38. **Roberts, S. R.**, & Czopp, A. M. (2016, March). *La mujer ideal: Cross-cultural differences in sexism in Spain & the United States* [Poster presentation]. Society for Personality and Social Psychology Annual Meeting, San Diego, CA.

RESEARCH EXPERIENCE

August 2019 – Present

Graduate Research Assistant

Teen and Young Adult Lab, University of Delaware (formerly University of Pittsburgh)

Lab Director: Sophia Choukas-Bradley, Ph.D.

- Study the sociocultural factors that contribute to the development and maintenance of body image disturbances and disordered eating during adolescence
- Research the role of social media in disseminating societal appearance pressures to adolescents and young adults
- Conduct literature reviews, data analysis, and manuscript preparation regarding differences in body image disturbances and disordered eating among sexual and gender minority youth using quantitative and qualitative approaches

July 2017 – July 2019

Research Coordinator

Center for Weight, Eating, and Lifestyle Science, Drexel University

Principal Investigator: Meghan L. Butryn, Ph.D.

- Coordinated two NIH-funded randomized clinical trials for obesity; one utilizing in-person and remote treatment with digital data collection ($N = 90$), and the other utilizing acceptance-based therapy and physical activity promotion ($N = 320$)
- Oversaw participant recruitment, assessed eligibility through online and phone screening
- Monitored device usage and analysis (FitBits, wireless scales, heart rate monitors, and accelerometers)

September 2015 – June 2018

Independent Senior Honors Thesis

Psychology and Honors Departments, Western Washington University

Senior Honors Thesis: Influence of Gender on the Perception of Anorexia Nervosa

Faculty Advisors: Anna C. Ciao, Ph.D., Alexander M. Czopp, Ph.D.

- Directed an independent research project regarding the effect of gender on the perception and stigmatization of anorexia nervosa ($N = 438$)
- Independently compiled results and wrote manuscript, which was published in *International Journal of Eating Disorders*
- Created study design, wrote IRB proposal, and administered all study measures
- Compiled master database and completed all analyses

June 2015 – July 2017

Undergraduate Research Assistant

Eating & Body Image Lab, Western Washington University

Principal Investigator: Anna C. Ciao, Ph.D.

- Assisted with the execution of multiple studies, including the development of an inclusive eating disorder prevention program adapted from The Body Project ($N = 36$),
- Examined the effect of body-positive media on body image in undergraduate women ($N = 270$)
- Co-facilitated focus groups and eating disorder prevention groups

- Transcribed group content and assisted with codebook development and qualitative analysis
- Assisted with creation of treatment manual
- Managed initial study requirements such as writing IRB proposal and participant recruitment

CLINICAL EXPERIENCE

July 2021 – Present

Clinical Practicum Student

Center City Clinic for Behavioral Medicine, Jefferson University

Clinical Supervisor: C. Virginia O-Hayer, Ph.D.

- Provide individual and group therapy to adults with emotion dysregulation and overcontrol using dialectical behavior therapy (DBT), radically open dialectical behavior therapy (RO-DBT), and acceptance and commitment therapy (ACT)
- Adapt existing evidence-based treatments for transgender and gender nonconforming populations

November 2020 – Present

Clinical Practicum Student

Weight, Eating, and Lifestyle Science Center, Drexel University

Clinical Supervisor: Adrienne Juarascio, Ph.D.

- Provide individual therapy to adults with bulimia nervosa (BN) and binge eating disorder (BED) using manualized treatment
- Treatment includes mindfulness and acceptance-based behavioral treatments (MABTs) that utilize the following components: mindful awareness, distress tolerance, emotion modulation, and values-based decision making

August 2020 – June 2021

Graduate Student Clinician

Psychological Services Training Center, University of Delaware

Clinical Supervisor: Timothy Fowles, Ph.D.

- Provide individual therapy to adult and child clients using evidence-based treatments
- Cases cover a range of diagnoses and clinical presentations
- Currently treating child anxiety (using CBT) and adult disordered eating (using CBT-E)

January 2018 – December 2018

Group Interventionist

Center for Weight, Eating and Lifestyle Science, Drexel University

Clinical Supervisor: Meghan L. Butryn, Ph.D.

- Co-led behavioral weight loss groups for adults with overweight or obese BMIs
- Provided behavioral weight loss treatment according to a manualized protocol, guided participants in setting behavioral goals, monitored daily food records and physical activity logs, and provided feedback on caloric intake and physical activity
- Organized weekly supervision meetings to discuss treatment planning and case conceptualization

- Monitored client progress using online portal that continuously collected client data from digital devices, including food logs, scales, and physical activity monitors

July 2017 – July 2019

Assessor

Center for Weight, Eating and Lifestyle Science, Drexel University

Clinical Supervisor: Meghan L. Butryn, Ph.D.

- Conducted participant assessments with individuals ($N = 410$) participating in randomized clinical trials
- Assessments included the delivery of numerous surveys, anthropometric measurements, a treadmill-based task, and the explanation of research devices (e.g. accelerometer and heart rate monitor)
- Conducted the Eating Disorder Diagnostic Interview (EDDI)

March 2015 – June 2016

Group Interventionist: The Body Project

Eating & Body Image Lab, Western Washington University

Clinical Supervisor: Anna C. Ciao, Ph.D.

- Co-facilitated inclusive eating disorder prevention groups on a college campus, adapted from *The Body Project*
- Assisted with intervention development, conducted focus groups, and delivered manualized intervention
- Prepared group materials, and coordinated follow-up and compensation for group participants

TEACHING EXPERIENCE

01/2022	Instructor of Record <i>Adolescence</i> University of Delaware, Department of Psychological and Brain Sciences
02/2021	Guest Lecturer <i>Graduate Seminar: Introduction to Eating Disorders</i> Psychology Department, Hofstra University
06/2018 – 09/2018	GRE Instructor <i>Kaplan Test Preparation</i>
07/2018	Guest Lecturer <i>Introduction to Abnormal Psychology</i> Drexel University, Department of Psychology
01/2018 – 03/2018	Teaching Assistant <i>Psychology of Eating Disorders and Obesity</i> Drexel University, Department of Psychology
03/2016 – 06/2016	Teaching Assistant

Introduction to Abnormal Psychology
Western Washington University, Psychology Department

09/2015 – 12/2015 **Teaching Assistant**
Introduction to Social Psychology
Western Washington University, Psychology Department

03/2015 – 06/2015 **Teaching Assistant**
Introduction to Psychology
Western Washington University, Psychology Department

PROFESSIONAL SERVICE

10/2020 – present **Ad Hoc Reviewer**
*International Journal of Eating Disorders; Body Image; Eating Disorders:
The Journal of Treatment and Prevention; Eating & Weight Disorders;
Journal of Obesity*

06/2021 – present **Co-Chair**
Academy for Eating Disorders Body Image & Prevention SIG

- Organize conference submissions on behalf of SIG
- Plan webinars and service activities

06/2020 – present **Graduate Student Mentor**
*American Psychological Association, Division 53
Academy for Eating Disorders, Early Career SIG
Next Generation Scholars Program*

- Selected to provide mentorship to undergraduates and post-baccalaureates applying to graduate programs in psychology
- Mentor approximately 5 students per year on graduate student applications

06/2020 – present **Subcommittee Leader, Diversity Task Force**
Academy for Eating Disorders Early Career SIG

- Organize series of webinars advising students on applying to clinical and counseling psychology graduate programs
- Past webinars were attended by over 300+ prospective applicants
- Written guides posted after webinar were accessed by 3,500+ prospective applicants

08/2019 – present **Mentor, Undergraduate Research**
Teen and Young Adult Lab, University of Delaware

- Oversee undergraduate honors theses
- Supervise undergraduate research assistants' yearly research projects
- Provide mentorship in introductory data analysis, longitudinal data management, poster writing, and manuscript preparation

PROFESSIONAL AFFILIATIONS

2016 – present	Academy for Eating Disorders
2019 – present	Society for Research on Adolescence
2019 – present	American Psychological Association
2019 – present	Division 53: Society of Clinical Child and Adolescent Psychology
2019 – present	Association for Psychological Science
2019 – present	Society for the Science of Clinical Psychology
2018 – present	Association for Behavioral and Cognitive Therapies
2015 – present	Society for Personality and Social Psychology