

Anne J. Maheux, M. S.

University of Delaware
401 Wolf Hall
105 The Green
Newark, DE 19716
amaheux@udel.edu | amaheux@gmail.com

EDUCATION

- Expected 2024** **Ph.D. student in Developmental and Social Psychology**
Certificate in Quantitative Analysis
University of Delaware, Newark, DE
Advisor: Sophia Choukas-Bradley, Ph.D.
- 2020** **M.S. in Psychology**
University of Pittsburgh, Pittsburgh, PA
Advisor: Sophia Choukas-Bradley, Ph.D.
Master's thesis: Longitudinal associations between adolescent social media use and depressive symptoms: The roles of appearance-related social media consciousness and gender
- 2015** **B.A. in Psychology**
University of Vermont, Burlington, VT
Honors College Scholar, *magna cum laude*
Advisors: Matthew Price, Ph.D., Dianna Murray-Close, Ph.D.
Honors thesis: Investigation of the relation between PTSD symptoms, self-compassion, and social support

RESEARCH INTERESTS

Adolescence; Gender; STEM engagement; Mental health; Peer influence; Social media; Sexual behavior

HONORS, AWARDS, & SCHOLARSHIPS

- 2020** National Science Foundation – Graduate Research Fellowship: \$138,000
2020 Graduate Registration Award, Society for Personality and Social Psychology (SPSP)
2020 Psi Chi Mamie Phipps Clark Diversity Research Grant: \$1,500
2019 APAGS/Psi Chi Junior Scientist Fellowship: \$1,000
2019 SPSP Government Relations Committee Vignette Winner
2018 Sandra Russ Scholarship, University of Pittsburgh
2015 Phi Beta Kappa Honors Fraternity, University of Vermont
2015 Donald G. Forgays Outstanding Senior in Psychology, University of Vermont
2015 Ronald Suitor Prize for academic travel, University of Vermont
2015 APLE Research Award, University of Vermont: \$475
2014 APLE Summer Stipend Award, University of Vermont: \$3,000
2014 Psi Chi Honors Society in Psychology, University of Vermont
2011–15 Dean's List, College of Arts & Sciences, University of Vermont
2011–15 Vermont Scholar's Award, University of Vermont

PUBLICATIONS

12. Widman, L., Javidi, H., **Maheux, A. J.**, Evans, R., Nesi, J. L., & Choukas-Bradley, S. (in press). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, porn, and seeking relationships online. *Sexuality & Culture*.
11. **Maheux, A. J.**, Roberts, S. R., Evans, R., Widman, L., & Choukas-Bradley, S. (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image*, 37, 89-93. <https://doi.org/10.1016/j.bodyim.2021.01.014>
10. **Maheux, A. J.**, Zhou, Y., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (in press). Examining sexual behavior among U.S. transgender adolescents. *Journal of Sex Research*. <https://doi.org/10.1080/00224499.2020.1855408>
9. ***Maheux, A. J.**, *Bryen, C. P., Carrino, E. A., Stewart, J. L., Widman, L., & Choukas-Bradley, S. (in press). Depressive symptoms among mostly heterosexual adolescents. *Journal of Gay and Lesbian Mental Health*. <https://doi.org/10.1080/19359705.2020.1843583>
*indicates joint first-authorship
8. Nesi, J., Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S., Sanzari, C., Widman, L., & Prinstein, M.J. (in press). Selfie appearance investment and peer feedback concern: Multi-method investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*.
7. Choukas-Bradley, S., Hipwell, A. E., Roberts, S. R., **Maheux, A. J.**, & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, 48, 1649-1658. <https://doi.org/10.1007/s10802-020-00699-4>
6. **Maheux, A. J.**, & Choukas-Bradley, S. (in press). Sexuality and mental health. In Morgan, E. M. & van Dulmen, M. H. M. (Eds.), *Sexuality in emerging adulthood*. New York, NY: Oxford University Press.
5. *Javidi, H., ***Maheux, A. J.**, Widman, L., Kamke, K., Choukas-Bradley, S., & Peterson, Z. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research*, 57, 1100-1107. <https://doi.org/10.1080/00224499.2019.171109>
*indicates joint first-authorship
4. **Maheux, A. J.**, Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & Choukas-Bradley, S. (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence*, 78: 62-66. <https://doi.org/10.1016/j.adolescence.2019.12.002>
3. Van Stolk-Cooke, K., Brown, A., **Maheux, A.**, Parent, J., & Forehand, R., & Price, M. (2018). Crowdsourcing trauma: Psychopathology in a trauma-exposed sample recruited via Mechanical Turk. *Journal of Traumatic Stress*, 31(4). 549-557. <https://doi.org/10.1002/jts.22303>
2. **Maheux, A.**, & Price, M. (2016). The indirect effect of social support on psychopathology via self-compassion and post-trauma psychopathology. *Personality and Individual Differences*, 88. 102-107. <https://doi.org/10.1016/j.paid.2015.08.051>

1. **Maheux, A., & Price, M.** (2015). Investigation of the relation between PTSD symptoms and self compassion: Comparison across DSM IV and DSM 5 PTSD symptom clusters. *Self and Identity, 14*(6). 627–637. <https://doi.org/10.1080/15298868.2015.1037791>

MANUSCRIPTS UNDER REVIEW

Carrino, E. A., Bryen, C. P., **Maheux, A. J.**, Stewart, J. L., Roberts, S. R., Widman, L., & Choukas-Bradley, S. (invited revision). Equal rights or special treatment? An investigation of U.S. adolescents' definitions of "feminist".

Rezeppa, T. L., Roberts, S. R., **Maheux, A. J.**, Choukas-Bradley, S., Salk, S. H., & Thoma, B. C. (invited revision). Psychosocial correlates of body image and disordered eating among sexual minority adolescent girls.

Evans, R., Widman, L., Brasileiro, J., **Maheux, A. J.**, & Choukas-Bradley, S. (invited revision). Examining the link between sexual self-concept and sexual communication among adolescents.

Maheux, A. J., Roberts, S. R., Nesi, J., Widman, L., & Choukas-Bradley, S. (manuscript under review). Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness

Maheux, A. J., Nesi, J., Roberts, S. R., Galla, B. M., & Choukas-Bradley, S., (manuscript under review). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic.

Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S. R., Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. (manuscript under review). Picture perfect during a pandemic? Body image concerns and depressive symptoms in adolescent girls during the COVID-19 pandemic.

Choukas-Bradley, S., Roberts, S. R., **Maheux, A. J.**, & Nesi, J. (manuscript under review). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health.

Hurst, J. L., Widman, L., **Maheux, A. J.**, Evans, R., Brasileiro, J., & Lipsey, N (manuscript under review). Parent-child communication and adolescent sexual decision-making: An application of family communication patterns theory.

Roberts, S. R., **Maheux, A. J.**, Ladd, B. A., & Choukas-Bradley, S. (invited book chapter under review). Social media use, body image, and disordered eating in adolescence. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press.

Nesi, J., Dredge, R., **Maheux, A. J.**, Roberts, S. R., Fox, K. A., & Choukas-Bradley, S. (invited book chapter under review). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.

SELECT MANUSCRIPTS IN PREPARATION

Maheux, A. J., & Choukas-Bradley, S. (manuscript in preparation). Appearance-related math stereotypes and gender: The role of the “unattractive math nerd” archetype on adolescents’ math engagement.

Maheux, A. J., & Choukas-Bradley, S. (manuscript in preparation). Who thinks math is cool?: Peer influence and gender differences in math engagement.

Maheux, A. J., Widman, L., Hurst, J. L., & Choukas-Bradley, S. (manuscript in preparation). Patterns of parent–adolescent communication about risk and health-related topics: A latent class approach.

Widman, L., **Maheux, A. J.,** Evans, R., & Choukas-Bradley, S., (invited manuscript in preparation). A systematic review and conceptual framework of partner sexual communication during adolescence.

Choukas-Bradley, S., **Maheux, A. J.,** Roberts, S. R., Salk, R. H., & Thoma, B. T. (manuscript in preparation). Self-objectification among gender minority adolescents.

PRESENTATIONS

†indicates mentee

†Ladd, B. L., **Maheux, A. J.,** Roberts, S. R., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2021, November). *Black transgender and gender diverse adolescents’ experiences of gender-related stressors and depressive symptomatology*. Abstract submitted to the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Roberts, S. R., **Maheux, A. J.,** Salk, R. H., Thoma, B. C., Romito, M., Levine, M. D., & Choukas-Bradley, S. (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents*. Paper talk submitted to the International Conference of Eating Disorders, virtual conference.

Maheux, A. J., Roberts, S. R., Nesi, J., Galla, B. M., & Choukas-Bradley, S., (2021, April). *Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms*. In S. X. Xiao (Chair), *Gender today: Advances in gendered nature of children’s and adolescents’ peer relationships*. Symposium at the biannual conference of the Society for Research in Child Development, virtual conference.

Choukas-Bradley, S., Roberts, S. R., **Maheux, A. J.,** & Nesi, J. (2021, April). *Adolescent girls’ social media use, body image, and mental health: Proposing a developmental–sociocultural framework*. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents’ social media use: Theoretical and empirical perspectives*. Symposium at the biannual conference of the Society for Research in Child Development, virtual conference.

Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & Choukas-Bradley, S. (2021, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms*. Poster presented at the biennial meeting of the Society for Research on Adolescence, virtual conference.

Maheux, A. J., Widman, L., & Choukas-Bradley, S. (2021, March). *Appearance-related math*

stereotypes and gender: The role of the “unattractive math nerd” archetype on adolescents’ math engagement. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, virtual conference.

Maheux, A. J., & Choukas-Bradley, S (2021, February). *What’s cool about math?: Gender differences in math motivation relating to adolescents’ perceptions of friends’, popular peers’, and unknown peers’ math abilities and beliefs.* Data blitz talk at the Gender Preconference of the Society for Personality and Social Psychology annual convention, virtual conference.

Maheux, A. J., Zhou, Y., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S (2021, February). *Examining sexual behavior among U.S. transgender adolescents.* Data blitz talk at the Sexuality Preconference of the Society for Personality and Social Psychology annual convention, virtual conference.

Roberts, S. R., Ladd, B. A., **Maheux, A. J.,** & Choukas-Bradley, S. (2021, February). *The effect of the thin and muscular ideal on adolescents’ body image.* Poster presented at the Society for Personality and Social Psychology annual convention, virtual conference.

Maheux, A. J., Roberts, S. R., Widman, L., Nesi, J., & Choukas-Bradley, S. (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness.* Poster presented at the Society for Personality and Social Psychology annual convention, virtual conference.

Roberts, S. R., Ladd, B. A., **Maheux, A. J.,** & Choukas-Bradley, S. (2020, November). *Gender differences in body image disturbances in adolescents: Implications for the tripartite influence model of body image.* Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Evans, R., Widman, L., Brasileiro, J., **Maheux, A.,** Spiva, S., & Choukas-Bradley, S. (2020, November). *Sexual self-concept is related to partner sexual communication self-efficacy and behavior among adolescents.* Talk presented at the Society for the Scientific Study of Sexuality conference, New Orleans, Louisiana.

†Ladd, B. L., Roberts, S. R., **Maheux, A. J.,** Bryen, C. P., Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & Choukas-Bradley, S. (2020, November). *Exploring sexual behavior and attraction of LGBTQ+ adolescents with bipolar disorder: A qualitative analysis.* Poster presented at the Society for the Scientific Study of Sexuality conference, New Orleans, Louisiana.

Rezeppa, T. R., Choukas-Bradley, S., **Maheux, A. J.,** Roberts, S. R., Salk, R. H., & Thoma, B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women.* Poster presented at the Journal of Clinical Child and Adolescent Psychology’s Future Directions Forum.

Maheux, A. J., Carrino, E. A., Bryen, C. P., Zhou, Y., & Choukas-Bradley, S. (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

†Henry, H., **Maheux, A. J.,** Thoma, B. C., Salk, R. H., Ladd, B., & Choukas-Bradley, S. (2020,

March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

†Drexler, S. A., **Maheux, A. J.**, Widman, L., & Choukas-Bradley, S. (2020, March). *Adolescent feminist identification and condom use intentions*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

†Zhou, Y., **Maheux, A. J.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2020, March). *Sexual behavior among transgender and gender non-conforming adolescents*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

Roberts, S., **Maheux, A. J.**, Carrino, E. A., Bryen, C.P., Widman, L., & Choukas-Bradley, S. (2020, March). *“Keep the TERFs off our turf!”: A mixed methods investigation of gender minority adolescents’ perceptions of feminism*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

- Received Student Poster Award

Nesi, J., Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S.R., Sanzari, C., Widman, L., & Prinstein, M.J. (2020, March). *Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment*. In M. Zimmer-Gembeck, Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health. Symposium accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

Javidi, H., Widman, L., **Maheux, A. J.**, Kamke, K., Choukas-Bradley, S., & Peterson, Z. (2019, November). *Gender role beliefs and adolescents’ attitudes toward affirmative consent*. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, Denver, CO.

Maheux, A. J., Evans, R., Widman, L., Choukas-Bradley, S., & Prinstein, M. J. (2019, March). *Sexing in adolescence: The role of peer influence and perceptions of peer norms*. Poster presented at the Annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.

Bryen, C.P., Carrino, E. A., **Maheux, A. J.**, Stewart, J. L., Widman, L., & Choukas-Bradley, S. (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Carrino, E. A., Bryen, C. P., **Maheux, A. J.**, Stewart, J. L., Widman, L., & Choukas-Bradley, S. (2019, March). *“They want equal rights, but...”: A mixed methods investigation of adolescents’ conceptions of feminism*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Maheux, A., & Price, M. (2015, March). *Investigation of the relation between PTSD symptoms, self compassion, and social support*. Poster presented at the annual Anxiety and Depression Association of America Conference, Miami, FL.

INVITED TALKS

- 2021** **Invited Speaker, Peer Relations Preconference**
Society for Research on Child Development
The New Normal: Adolescent Social Media Use and Well-Being during the COVID-19 Pandemic
- 2020** **Social Psychology Brown Bag Lecture**
University of Delaware
Too Pretty for Math: Appearance-Related Math Stereotypes and the Gender STEM Gap
- 2020** **Social Psychology Brown Bag Lecture**
University of Pittsburgh
Sexual Behavior, Adolescence, and Gender
- 2020** **Graduate Student Panelist: Undergraduate Honors Thesis Seminar**
University of Pittsburgh
- 2019** **Social Psychology Brown Bag Lecture**
University of Pittsburgh
The Socialization of Adolescent Girls: Links between Gender Roles and Math Motivation

RESEARCH EXPERIENCE

- 2019** **Lab Manager**
Teen and Young Adult Lab, University of Pittsburgh
- 2017–18** **Research Assistant**
Columbia School of Social Work, Columbia University
- 2014–15** **Research Assistant**
Center for Research on Emotion, Stress, and Technology, University of Vermont
- 2012–14** **Research Assistant, Assistant Project Coordinator**
Social Development Lab, University of Vermont

TEACHING EXPERIENCE

- 2018–20** **Graduate Teaching Assistant: Experimental Child Psychology**
University of Pittsburgh
- 2018–20** **Graduate Teaching Assistant: Developmental Psychology**
University of Pittsburgh
- 2019–20** **Guest Lecturer: Experimental Child Psychology**
University of Pittsburgh
Statistical Analysis using R

- 2019** **Guest Lecturer: Developmental Psychology**
University of Pittsburgh
Adolescence: Peers, Risk, and the Adolescent Brain
- 2019** **Graduate Teaching Assistant: Introduction to Psychology**
University of Pittsburgh
- 2018** **Guest Lecturer: Introduction to Social Psychology**
University of Pittsburgh
Adolescence and Social Media
- 2018** **Guest Lecturer: Developmental Psychology**
University of Pittsburgh
Peer Relations: From Childhood to Adolescence

SERVICE & MENTORSHIP

- 2020–present** **Psychology Grads for Social Change**
University of Delaware
- 2021** **MentalHealthIO Advisory Board Member** (<https://www.mentalhealthio.org/>)
- 2019–20** **High School Science Mentor**
Pennsylvania Junior Academy of Science
- 2019–20** **Undergraduate Honors Thesis Advisor & Committee Member**
University of Pittsburgh
Student: Laura Boyajian
- 2018–20** **Chair, Outreach Subcommittee**
Department of Psychology Diversity Committee
University of Pittsburgh
- 2013–15** **Peer Mentor**
University of Vermont

OTHER SERVICE TO THE FIELD

Ad Hoc Peer Reviewer (with mentor)

- Psychology of Women Quarterly
- Psychology of Popular Media Culture
- Body Image
- Developmental Psychology
- Journal of Child and Adolescent Clinical Psychology

Ad Hoc Peer Reviewer

- Cyberpsychology

Conference Submission Reviewer

- Society for Research in Child Development Conference 2021 (with mentor)

- Diversity Undergraduate Registration Award, Society for Personality and Social Psychology Conference 2021

PROFESSIONAL AFFILIATIONS

2019 American Psychological Association, Student Member
2019 Society for Research on Adolescence, Student Member
2018 Society for Personality and Social Psychology, Student Member
2018 Society for Research in Child Development, Student Member
2015 Anxiety and Depression Association of America, Student Member